

Let It Burn

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Laura Hilbert (UK) - January 2014
音樂: Burn - Ellie Goulding



Count in - 16

[1-8] Left step side, rock recover sweep, cross left back back, twist body left, right step turn step.

- 1 2&3 Big step with the left to left side (1), rock right behind left (2), recover weight onto left (&), step onto right sweeping left leg from back to front, (3)
- 4&5 6 7&8 Step left across right (4), step back on the right (&), step back on the left (making sure all body weight is over the left) (5) , Twist the top of your body slightly round to the left ready to turn towards the right. (6) ,making a full turn over right shoulder, step – right , left , right.(7&8) (12.00)

[9-16] Left Rock recover step ¼ left, right step ½ turn step, coaster step ½ right , walk right, walk left.

- 1&2 3&4 Rock left over right (1), recover weight onto right (&), step left forward making a ¼ left (2) (9.00), step forward on the right (3), pivot ½ turn left weight on the left (&), step forward on the right (4) (3.00)
- 5&6 7 8 Making ½ turn over right shoulder, step back on the left (5) close right to left (&) step forward on the left (6) (9.00), walk forward on the right (7) walk forward on the left (8)

(this is where the x2 Restarts come in... with the touch instead)

[17-24] Right rock forward recover, rock side recover, behind side in front. Left rock and cross and cross unwind ¾ right.

- 1&2&3&4 Rock forward on the right (1), recover weight onto left (&), rock right to right side (2), recover weight onto left (&), step right behind left (3) step left to left side (&) step right across left (4)
- 5&6&7 8 Rock left to left side (5), recover weight onto left (&) cross left over right (6) step right to right side (&) step left over right (7) unwind ¾ turn over right shoulder (8) (6.00)

[25-32] big step right, rock recover point left, left coaster ¼ left, rock right recover ½ right, full turn stepping left right.

- 1 2&3 4&5 Big step on the right to right side (1), rock left over right (2) recover weight back onto the right (&), point left to left side (3), making ¼ turn left step back on the left (4) step right beside left (&) step forward on the left (5) (3.00)
- 6&7 8& rock forward on the right (6) recover weight onto left (&) step forward on the right making ½ turn right (7) (9.00) , making a full turn over right shoulder step left right. (optional – take out the last turn and walk forward left right)

(Tag comes in here after count 7)

RESTARTS-

WALL 3 + 6 These come in after the first 16 counts (walk right , left) This only happens twice.

[9-16] Left Rock and step ¼ left, right step ½ turn step, coaster step ½ right , walk right, walk left.

- 1&2 3&4 Rock left over right (1), recover weight onto right (&), step left forward making a ¼ left (2) (9.00), step forward on the right (3), pivot ½ turn left weight on the left (&), step forward on the right (4) (3.00)
- 5&6 7 8 Making ½ turn over right shoulder, step back on the left (5) close right to left (&) step forward on the left (6) (9.00), walk forward on the right (7) touch left beside right (8) RESTART.

TAG- WALL 9- After the first 31 counts, you hold and continue into the last turn of the dance count 32. (full turn over right shoulder stepping left, right)

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