

Old Hippie

拍數: 64 牆數: 4 級數: Easy Intermediate
編舞者: Mick Harris (UK) - January 2014
音樂: Hard To Be a Hippie (feat. Willie Nelson) - Billy Currington : (Album: We Are Tonight)



Start: 16 beats in --- on vocal.

Step, unwind, cross point, behind point, cross shuffle.

1-2 step L behind R, unwind $\frac{1}{2}$ L (weight onto R foot).
3-4 step L across R, point R out to R side.
5-6 step R behind L, point L out to L side.
7&8 step L across R, step R slightly to R side, step L across R.

Recover, step $\frac{1}{4}$, $\frac{1}{2}$ turn L x2, rock, recover, shuffle $\frac{1}{2}$ turn.

1-2 recover onto R, step fwd. On L turning $\frac{1}{4}$ L.
3-4 turn $\frac{1}{2}$ L stepping back on R, turn $\frac{1}{2}$ turn L stepping fwd. On L.
5-6 rock fwd on R, recover on L.
7&8 shuffle $\frac{1}{2}$ turn R (RLR). (9.00)

Step $\frac{1}{4}$, step behind, chasse, cross rock recover, shuffle turn $\frac{1}{4}$ R.

1-2 step fwd on L turning $\frac{1}{4}$ R, step R behind L.
3&4 step L to L side, step R next to L, step L to L side.
5-6 rock R across L, recover on L.
7&8 step R to R side, step L next to R, step R to R side turning $\frac{1}{4}$ R. (3.00)

Step $\frac{1}{4}$, step behind, chasse, cross rock, recover, shuffle $\frac{1}{4}$ turn R.

1-2 step fwd on L turning $\frac{1}{4}$ R, step R behind L.
3&4 step L to L side, step R next to L, step L to L side.
5-6 rock R across L, recover on L.
7&8 step R to R side, step L next to R, step R to R side turning $\frac{1}{4}$ R. (9.00)

Side, behind, side, behind, side, cross rock, recover, step $\frac{1}{4}$ R, step fwd.

1-2 step L to L side, step R behind L.
3&4 step L to L side, step R behind L, step L to L side.
5-6 rock R across L, recover on L.
7-8 turn $\frac{1}{4}$ R stepping fwd on R, step fwd on L. (6.00)

Side, behind, side, behind, side, cross rock, recover, step $\frac{1}{4}$ L, step fwd.

1-2 step R to R side, step L behind R.
3&4 step R to R side, step L behind R, step R to R side.
5-6 rock L across R, recover on R.
7-8 turn $\frac{1}{4}$ L stepping fwd on L, step fwd on R. (9.00)

Rock, recover, shuffle back, rock, recover, walk, walk.

1-2 rock fwd on L, recover on R.
3&4 step back on L, step R next to L, step back on L.
5-6 rock back on R, recover on L.
7-8 walk fwd R. L.

Rock, recover, shuffle back, rock, recover, walk, walk.

1-2 rock fwd on R, recover on L.
3&4 step back on R, step L next to R, step back on R.

5-6 rock back on L, recover on R.
7-8 walk fwd L. R.

NO RESTARTS OR TAGS!

Contact: mickharris111@gmail.com
