

The Little Dance For Nanni

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Anna Korsgaard (DK) - January 2014
音樂: I'm Alive - Potters Jig : (CD: Back on Track 2010)



This song is from a CD from Potters Jig. Potters Jig agreed to share this song with us for free. Send an Email to: aklinedance@gmail.com and I will send the song to you.

Intro: 80, 48, 16 - No tags! No restarts!

Sec.: 1. Toe Strut Right, Left. Right Heel, Hook, Heel

1 – 2 Touch Right toe forward. Drop heel.
3 – 4 Touch Left toe forward. Drop heel.
5 – 6 Dig Right heel forward. Hook Right over Left,
7 – 8 Dig Right heel forward. Step Right next to Left.

Sec.: 2. Left Heel Dig Forward, Left side, Sailor ¼ turn Left, Rocking Chair

1 – 2 Dig Left heel forward. Dig Left heel to Left side.
3 & 4 Sweep Left behind Right making ¼ turn. Rock Right to Right side. Recover on Left.
5 – 6 Rock forward on Right. Recover on Left.
7 – 8 Rock back on Right. Recover on Left.

Sec.: 3. Right Forward Shuffle, Left Forward Rock. Left Shuffle Back. Right Back Rock

1 & 2 Step Right forward. Step Left next to Right, Step Right forward.
3 – 4 Rock Left forward. Recover on Right.
5 & 6 Step back on Left, Step Right next to Left. Step back on Left.
7 – 8 Rock back on Right, Recover on Left.

Sec.: 4. Monterey ¼ Right, Twice

1 – 2 Point Right toe to Right side. Make ¼ turn to Right stepping right beside Left.
3 – 4 Point Left toe to Left side. Step Left beside Right.
1 – 2 Point Right toe to Right side. Make ¼ turn to Right stepping right beside Left.
3 – 4 Point Left toe to Left side. Step Left beside Right.

Repeat

Note: A big thanks to Potters Jig for sharing this lovely music. Enjoy and have fun it makes you happy.

Contacts: Email aklinedance@gmail.com