Phil's Red Timber

級數: Intermediate

編舞者: Rachel Pearson (USA) - December 2013

音樂: Sussudio - Phil Collins

Alt. music:-

Red by Taylor Swift, 16-count intro to Red, Timber by Pitbull and Kesha. 16-count intro to Timber

Start: 32-count intro to Sussudio,

拍數: 32

[1-8] CROSS-POINT, CROSS-POINT, ¼ TURN R STEP-SLIDE, STEP BACK-SLIDE

- 1-2 Cross Rf over Lf (1), Point Lf to L (2)
- 3-4 Cross Lf over Rf (3), Point Rf to R (4)
- 5-6 Turn ¼ R taking big step R onto Rf (5) (3:00), Slide Lf to R and touch next to Rf (6)
- 7-8 Take big step back with Lf (7), Slide Rf back and touch next to Lf (8)

[9-16] ROCK-RECOVER-STEP BACK, ½ TURN L, STEP, MAMBO L, ¼ CHUG TURN L

- 1&2 Rock R onto Rf (1), Recover onto Lf (&), Step Rf back behind Lf (2)
- 3-4 Turn ¹/₄ L stepping forward onto Lf (3) (9:00), Step Rf forward (4)
- 5&6 Step Lf to L (5), Recover onto Rf (&), Close Lf to Rf (6)
- Weighted on Lf, extend and push off with Rf, while swiveling on ball of Lf for 1/8 turn L (7), 7-8 Repeat for an additional 1/8 turn L (8) (6:00) (NOTE: Chug turn continues and ends by crossing Rf over Lf at 12:00 wall)

[17-24] ½ CHUG TURN L W/CROSS, BALL ROCK-RECOVER/¼ PIVOT R -STEP L, ¼ PIVOT R -**RECOVER-CROSS, ROCK-RECOVER**

Continue weighted on Lf, pushing off with Rf for ¼ turn L (1) (3:00). REPEAT and end 1-2 crossing Rf over Lf (2) (12:00)

3&4 Rock L onto ball of Lf (3), Recover Rf and pivot 1/4 turn R (&) (3:00), Step Lf forward (4)

- (Note: 3&4 and 5&6 are fast. Consider the ¼ Pivot R-Step L as "on the way" to a ½ turn R.)
- 5&6 Pivot ¼ R (6:00) shifting weight to Rf (5), Recover Lf (&), Cross Rf over Lf (6)
- 7-8 Rock Lf out to L side (7), Recover Rf (8)

[25-32] SWAY-SWAY, STEP, ½ PIVOT TURN R (WEIGHT L), WALK, WALK, STEP, ½ PIVOT L

- Sway L (1), Sway R (2) 1-2
- 3-4 Step Lf forward (3), Pivot ¹/₂ turn R shifting weight to Lf (4) (12:00) (Styling: You can sit back into L hip, bring R toe back to Lf, bending R knee)
- 5-6 Walk Rf (5), Walk Lf (6)
- 7-8 Step Rf forward (7), Pivot ¹/₂ turn L, shifting weight to Lf (8) (6:00)

Contact: rachel_pearson@embargmail.com

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牆數:2