

Lukey

拍數: 40 牆數: 4 級數: Improver
編舞者: Hayley Wheatley (UK) - November 2013
音樂: Lukey (with the Chieftains) - Great Big Sea : (Album: XX and Fire In The Kitchen)



Intro:-After the song counts you in 1,2,3,4 wait 16 more counts before beginning

Choreographed for my "Lukey".
With thanks to Taryn Allen for the music suggestion

HEEL GRIND, TRIPLE STEP, ROCKING CHAIR

1-2 Tap right heel forward, keep weight on left foot while grinding heel out to the right
3&4 Triple step right, left, right in place
5-6 Rock forward on left foot, recover onto the right
7-8 Rock back on left foot, recover onto the right

HEEL GRIND, TRIPLE STEP, ROCKING CHAIR

1-2 Tap left heel forward, keep weight on right foot while grinding heel out to the left
3&4 Triple step left, right, left in place
5-6 Rock forward on right foot, recover onto the left
7-8 Rock back on right foot, recover onto the left

EXTENDED SIDE SHUFFLE RIGHT, CROSS ROCK, RECOVER, SHUFFLE ¼ TURN

1&2& Step right to right side, close left foot next to right, step right to right side, close left next to right
3&4 Step right to right side, close left foot next to right, step right to right side
5-6 Cross rock left over right, recover onto right
7&8 Step left to left side, close right foot next to left, step left foot to left while making ¼ turn left (9:00)

STEP FORWARD ON RIGHT, PIVOT ½ TURN, RIGHT SHUFFLE, ROCK, RECOVER, COASTER STEP

1-2 Step forward on right foot, pivot ½ turn left
3&4 Step forward on right foot, close left foot next to right, step forward on right foot
5-6 Rock forward on left, recover onto right
7&8 Step back onto left, step right foot back beside left, step left foot forward (3:00)

RESTART HERE ON WALL 4

RIGHT SHUFFLE , SIDE ROCK, RECOVER, CROSS SHUFFLE, SIDE ROCK RECOVER

1&2 Step forward on right foot, close left foot next to right, step forward on right foot
3-4 Rock left foot to left side, recover onto right
5&6 Cross left foot across right, step right foot to right side, cross left foot across right
7-8 Rock right foot to right side, recover onto left

RESTART DANCE AGAIN

Contact: hcwheatley@live.com