# Dance, Up and Up



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音樂: La Bamba - Selena



Note: Add Cuban motion, the typical Latin hip action to count 1-16.

## [1-8] Right forward lock step, touch, Left forward lock step, touch

1-2	Step forward on right, Step left behind right
3-4	Step forward on right, Touch left next to right
5-6	Step forward on left , Step right behind left
7-8	Step forward on left, Touch right next to left

## [9-16] Right chasse, Touch, Left chasse, Touch

1-2	Step right to right side, Step left next to right
3-4	Step right to right side, Touch left next to right
5-6	Step left to left side, Step right next to left
7-8	Step left to left side, Touch right next to left

## [17-24] Right shuffle back, Left shuffle back, Right shuffle back, Left shuffle back

1&2	Shuffle backwards stepping RLR (slightly towards diagonally right)
3&4	Shuffle backwards stepping LRL (slightly towards diagonally left)
5&6	Shuffle backwards stepping RLR (slightly towards diagonally right)
7&8	Shuffle backwards stepping LRL (slightly towards diagonally left)

## [25-32] Right grapevine, Touch, Left Grapevine, Touch

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1-2				Step right to right side, Cross left behind right
3-4				Step right to right side, Touch left next to right
5-6				Step left to left side, Cross right behind left
7-8				Step left to left side, Touch right next to left

## [33-36] Side touch x 2

1-2	Step right to right side, Touch left next to right
3-4	Step left to left side, Touch right next to right

## Have fun and stay healthy!

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