

Be The One

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: High Beginner
編舞者: Roz Chaplin (UK) & David Sinfield (UK) - January 2014
音樂: I Could Be the One - Glen Templeton : (Single)



32 Count Intro

DIAGONAL ROCKING CHAIR, SIDE ROCK, BEHIND, SIDE

1-2 Cross rock right over left, recover onto left
3-4 Rock back diagonally on right, recover onto left
5-6 Rock right to right side, recover onto left
7-8 Cross right behind left, step left to left side

SIDE, TOGETHER, BACK, HOLD x2

1-2 Step right to right side, close left beside right
3-4 Step back on right, Hold
5-6 Step left to left side, step right beside left
7-8 Step back on left, Hold

LOCK STEP BACK, COASTER STEP, SCUFF

1-2 Step back on right, lock left in front of right
3-4 Step back on right, kick left forward
5-6 Step back on left, step right beside left
7-8 Step left slightly forward, scuff right forward

JAZZ BOX ½ TURN, KICK, STEP, KICK, STEP, STOMP

1-2 Cross right over left, step back on left turning ¼ turn
3-4 Step forward making ¼ turn on right, kick left forward (6)
5-6 Step back on left, kick right forward
7-8 Step back on right, stomp left beside right (taking weight)

START AGAIN

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