

Easy Lover

拍數: 64 牆數: 4 級數: Improver
編舞者: Forty Arroyo (USA) - December 2013
音樂: Dream Lover - Bobby Darin : (Album: 60's Original Hits - iTunes)



(Sections borrowed from Daniel Whittaker's "Improver Dance" Dream Lover****)

Dream Lover by Daniel Whittaker (UK) is a favorite at The Hayloft Barn;

This dance is was created for those who cannot do turns or multiple syncopations – but still want to dance along with those who can – and to enjoy this great track.

Start: 16 count intro (start on vocals)

Or Dream Lover by Jason Donovan. Album: "Let it be me"(2:36 - iTunes)

[1-8] Chasse Rock Step, Toe Struts

1&2 Step R to side, Step L next to R, Step R to side ***
3-4 Rock back on L, Recover weight on R ***
5-8 Touch L toe to L, Drop L heel, Cross strut R toe across L, Drop R heel ***

[9-16] Chasse Rock Step, Toe Struts

1&2 Step L to L, Step R next to L, Step L to L ***
3-4 Rock R back, Recover weight on left ***
5-8 Touch R toe to R, Drop R heel, Cross strut L toe across R, Drop L heel ***

[17-24] Rumba Box – Hold & Clap

1-4 Step R to side, Step L next to R, Step R forward, Hold & Clap
5-8 Step L to side, Step R next to L, Step L back, Hold & Clap

TAG HAPPENS HERE

[25-32] Step, Together, Step, Touch, Step, Together, Step Touch

1-4 Step R to side, Step L next to R, Step R to side, Touch L next to R
5-8 Step L to side. Step R next to L, Step L to side, Touch R next to L

[33-40] Side & Hold, In out In, Side & Hold, In Out In (SQQS, SQQS) *** (Repeat)

1-2 (S) Step R to R, Hold,
&3,4 (QQS) Touch L next to R(&), Touch L out to side(3) Touch L next to R(4)
5-6 (S) Step L to L, Hold
&7,8 (QQS) Touch R next to L(&), Touch R to R(7), Touch R next L(8)

[41-48] Side & Hold, In out In, Side & Hold, In Out In (SQQS, SQQS) ***

1-2 (S) Step R to R, Hold,
&3,4 (QQS) Touch L next to R(&), Touch L out to side(3) Touch L next to R(4)
5-6 (S) Step L to L, Hold
&7,8 (QQS) Touch R next to L(&), Touch R to R(7), Touch R next L(8)

[49-56] Vine R with ¼ R, Vine Left – end at 3:00

1-4 Step R to side, Step L behind R, Step forward making ¼ turn R, Brush L next to R
5-8 Step L to side, Step R behind L, Step L to side, Brush R next to L

[57-64] Vine R, Hold/Brush, Cross, Step, Step, Hold/Hitch

1-4 Step R to side, Step L behind R, Step R to side, Hold (option: brush L forward)
5-8 Cross L over R, Step back on R, Step slightly back on L, Hold (option:Hitch R knee)

END OF DANCE

EASY 8 COUNT TAG (Elvis Knees) during wall 3 after count 24 ***

- 1-2 Step R to side and push L knee in towards R, HOLD
- 3-4 Step L in place and push R knee in towards L, HOLD
- 5-8 Push L knee towards R, Push R knee towards L, Push L knee towards R, Push R knee towards L

IF Tag is not good on your KNEES– THEN

- 1-4 Step slightly R, Hold, Step slightly L, Hold
- 5-8 Sway hips – R, L, R, L ---- or take tiny steps in place R,L,R,L

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