

Everything (I Shouldn't be Thinkin')

COPPER KNOB
STEPPERS

拍數: 56 牆數: 2 級數: Phrased Intermediate
編舞者: Sandy Goodman (USA) - December 2013
音樂: Everything I Shouldn't Be Thinking About - Thompson Square



Sequence: AA B, AA B, AAA B, easy 16 count ending
16 count intro.

Part A (32cts)

Heel & Heel &, Big Step Right, Slide/Touch; Heel & Heel &, Big Step Left, Slide/Touch

1&2& Right heel forward (1), Right together (&), Left heel forward (2), Left together (&)
3 - 4 Big step right on Right (3), Slide/touch Left beside right (4)
5&6& Left heel forward (5), Left together (&), Right heel forward (6), Right together (&)
7 - 8 Big step left on Left (7), Slide/touch Right beside left (8)

Rock Forward Right, Recover, ½ Turn Shuffle Right, (¼ Turn Right) -Vine Left, Touch

1 - 2 Rock forward Right (1), Recover on Left (2)
3 & 4 Shuffle ½ turn right stepping - Right (3), Left (&), Right (4)
5 - 8 Turn ¼ right- Step Left side left (5), Step Right behind left (6), Step Left side left (7), Touch Right (8)

Kick-Ball-Change With ¼ Turn Left (x2), Jazz Box With ¼ Turn Right

1 & 2 Kick Right forward (1), Step ball of Right together (&), Step Left ¼ turn left (2)
3 & 4 Kick Right forward (3), Step ball of Right together (&), Step Left ¼ turn left (4)
5 - 8 Cross/step Right over left (5), Step Left back (6), Step Right ¼ turn right (7), Step Left beside right (8)

Bumping Hips Forward (R-L-R), Bumping Hips Forward (L-R-L), Walk Back With Attitude R-L-R-L

1 & 2 Bump hips forward - Right (1), Left (&), Right (2)
3 & 4 Bump hips forward - Left (3), Right (&), Left (4)
5 - 8 Walk back with attitude (use shoulders too for styling) - Right (5), Left (6), Right (7), Left (8)

Part B (24cts)

Rock Forward-Recover, Coaster (x2)

1 - 2 Rock forward Right (1), Recover on Left (2)
3 & 4 Step back Right (3), Step Left beside right (&), Step forward Right (4)
5 - 6 Rock forward Left (5), Recover Right (6)
7 & 8 Step back Left (7), Step Right beside left (&), Step forward Left (8)

Lindy Right, Lindy Left

1 & 2 Step Right side right (1), Step Left beside right (&), Step Right side right (2)
3 - 4 Rock back on Left (3), Recover on Right (4)
5 & 6 Step Left side left (5), Step Right beside left (&), Step Left side left (6)
7 - 8 Rock back on Right (7), Recover on Left (8)

Shuffle Forward, Step Forward Left, Pivot ½ Turn Right, Shuffle Forward Left, Pivot ½ Turn Left

1 & 2 Step Right forward (1), Step Left beside right (&), Step Right forward (2)
3 - 4 Step forward Left (3), Pivot ½ right - weight on Right (4)
5 & 6 Step Left forward (5), Step Right beside left (&), Step Left forward (6)
7 - 8 Step forward Right (7), Pivot ½ Turn left - weight ends on Left (8)

Begin Again!!!!

Easy Ending: 16 Counts

Lindy Right, Lindy Left

1 & 2 Step Right side right (1), Step Left beside right (&), Step Right side right (2)
3 - 4 Rock back on Left (3), Recover on Right (4)
5 & 6 Step Left side left (5), Step Right beside left (&), Step Left side left (6)
7 - 8 Rock back on Right (7), Recover on Left (8)

Shuffle Forward, Step Forward Left, Pivot ½ Turn Right, Rock Forward-Recover, Big Step back on Left, Slide Right back & Pose

1 & 2 Step Right forward (1), Step Left beside right (&), Step Right forward (2)
3 - 4 Step forward Left (3), Pivot ½ right - weight on Right (4)
5 - 6 Rock forward Left (5), Recover on Right (6)
7 - 8 Big step back on Left (7), Drag Right to left and Pose (8)

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