

Fly High - Let Me Go Easy

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Easy Improver
編舞者: Caroline Cooper (UK) - December 2013
音樂: Let Me Go - Gary Barlow



Intro: 8 Counts (4 Seconds)

SECTION ONE: WALK, WALK SIDE MAMBO X 2

1-2 Walk forward right, left
3&4 Side rock right to right side, recover weight to left, close right next to left
5-6 Walk forward left, right
7&8 Side rock left to left side, recover weight to right, close left next to right

SECTION TWO: FORWARD ROCK RECOVER, RIGHT COASTER STEP, FORWARD ROCK RECOVER, SHUFFLE ½ TURN LEFT

1-2 Rock forward onto right, recover weight to left
3&4 Step back on right, bring left next to right, step forward right
5-6 Rock forward left, recover weight right
7&8 Shuffle ½ turn over left shoulder, left, right, left

SECTION THREE: CROSS POINT, KICK & POINT X 2

1-2 Cross right over left, point left to left side
3&4 Kick left forward, close left next to right, point right to right side
5-6 Cross right over left, point left to left side
7&8 Kick left forward, close left next to right, point right to right side

SECTION FOUR: CROSS, SIDE, BEHIND ¼ TURN, FORWARD, BACK, SHUFFLE ½ TURN

1-2 Cross right over left, step left to left side
3&4 Step right behind left, ¼ left stepping forward left, step forward right
5-6 Rock forward left, recover weight right
7&8 Shuffle ½ turn over left, left, right, left

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