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拍數: 128 牆數: 1 級數: Intermediate
編舞者: Jasmine Leong (MY) - December 2013
音樂: Thank You For Your Love - THANK YOU



Sequence: A B C D, A B C D D, A C- (24 counts) Tag (12 counts), D D

Music starts with vocal. Start the dance after this vocal (instrumental) at approx. 0:24

PART A(32 counts)

SET 1: DIAGONAL FWD TOUCHES (2X), DIAGONAL BACK TOUCH, 1/8L TURN CLAP CLAP

1 2 Step RF to diagonal R forward, touch LF next to RF 10:30
3 4 Step LF to diagonal L forward, touch RF next to LF 1:30
5 6 Step RF to diagonal R back, touch LF next to RF 10:30
7&8 1/8 turn L Step LF to L, touch RF next to LF and clap twice 9:00

Repeat Set 1 three more times for Set 2-4. You will end Part A facing 12:00.

PART B (32 counts)

SET 1: R SIDE ROCK, BEHIND SIDE CROSS, L SIDE ROCK, BEHIND SIDE CROSS

1-2 Rock RF to R, recover on LF 12:00
3&4 Step RF behind L, step RF to R side, Cross RF over L 12:00
5,6 Rock LF to L, recover on RF 12:00
7&8 Step LF behind R, step LF to L side, Cross LF over R 12:00

SET 2: SYNCOPATED ROCK STEPS R and L, POINT, POINT, ½ R SAILOR CROSS

1,2&3 Rock RF to R, recover LF, step RF beside L, Rock LF to L 12:00
4& Recover on RF, Step LF beside RF 12:00
5-6 Point R toe fwd, point R toe to R 12:00
7&8 ¼R stepping RF behind LF, ¼R stepping down on LF, Cross RF over LF 6:00

SET 3: L SIDE ROCK, BEHIND SIDE CROSS, R SIDE ROCK, BEHIND SIDE CROSS

1-2 Rock LF to L, recover on RF 6:00
3&4 Step LF behind R, step RF to R side, Cross LF over R 6:00
5,6 Rock RF to R, recover on LF 6:00
7&8 Step RF behind L, step RF to R side, Cross RF over L 12:00

SET 4: SYNCOPATED ROCK STEPS L and R, POINT, POINT ½L SAILOR SIDE

1,2&3 Rock LF to L, recover RF, step LF beside R, Rock RF to R 12:00
4& Recover on LF, step RF beside LF 12:00
5-6 Point L toe fwd, point L toe to L 12:00
7-8 ¼L stepping LF behind RF, ¼L stepping down on RF, Step LF to L 12:00

PART C (32 counts)

SET 1: ¼R JAZZ BOX, TRIPLE STEP, ¼R JAZZ BOX

12 3 Cross RF over LF , ¼R step LF back, step RF to R 3:00
4&5 Step forward LF, Lock RF behind LF, Step LF forward 3:00
6 7 8 Cross RF over LF , ¼R step LF back, step RF to R 6:00

SET 2: R CHEST PUMP (3X) HOLD, L CHEST PUMP (3X) HOLD

1&2&3 Step LF next to RF and tilt body slightly to the R and do chest pump 3x 6:00
4 Hold 6:00
5&6&7 Tilt body slightly to the L and do chest pump 3x 6:00
8 Hold 6:00

SET 3: ¼R JAZZ BOX, TRIPLE STEP, ¼R JAZZ BOX

123 Cross RF over LF , ¼R step LF back, step RF to R 9:00
 4&5 Step forward LF, lock RF behind LF, Step LF forward 9:00
 6 7 8 Cross RF over LF , ¼R step LF back, step RF to R 12:00

**** Do Tag here the 3rd time you do C.**

SET 4: LEFT HIP BUMPS UP & DOWN, STEP L, HOLD

1&2&3 Touch LF next to RF and lift L hip up(1), drop L hip (&), lift L hip(2), drop L hip (&), Lift L hip(3) 12:00
 4 Drop L hip 12:00
 5&6& Lift L hip up(5), drop L hip (&), lift L hip(6), drop L hip (&) 12:00
 7-8 Step LF to L, hold 12:00

Arms: On count 7, clasp both palms together and swing both palms from right to left at shoulder level.

PART D (32 counts)**SET 1: HIP BUMPS L, R, L, L, R, R, R, R**

1 2 Bump hip to L (1), Bump hip to R (2) 12:00

Arms: With both palms facing out place them in front of left cheek (1), place them in front of right cheek (2) 12:00

3-4 Bump hip to L twice 12:00

Arms: Right thumbs-up sign pointing over R shoulder (hitch a ride) 2x 12:00

5-8 With L hand on waist and weight on RF, do 4 R hip bumps

Arms: Make a peace sign with right hand (index and middle fingers up) and place in front of left eye and moving towards right eye over 4 counts

SET 2: L ROLLING VINE, BIG STEP TO R, TOUCH, STEP L, TOUCH

1-4 ¼L Stepping LF fwd, ½L stepping R back, ¼L stepping LF to L, touch RF next to LF 12:00

5 6 Take a big step to R with RF, touch LF next to R 12:00

7 8 Step LF to L, hold 12:00

Arms: On count 7, clasp both palms together and swing both palms from right to left at shoulder level. 12:00

SET 3: HIP BUMPS L, R, L, L, R, R, R, R

1 2 Bump hip to L (1), Bump hip to R (2) 12:00

Arms: With both palms facing out place them in front of left cheek (1), place them in front of right cheek (2) 12:00

3-4 Bump hip to L twice 12:00

Arms: Right thumbs-up sign pointing over R shoulder (hitch a ride) 2x 12:00

5-8 With L hand on waist and weight on RF, do 4 R hip bumps

Arms: Make a peace sign with right hand (index and middle fingers up) and place in front of left eye and moving towards right eye over 4 counts

SET 4: L ROLLING VINE, BIG STEP TO R, TOUCH, STEP L, TOUCH

1-4 ¼L Stepping LF fwd, ½L stepping R back, ¼L stepping LF to L, touch RF next to LF 12:00

5 6 Take a big step to R with RF, touch LF next to R 12:00

7 8 Step LF to L, touch RF next to L 12:00

Have fun!!

TAG: HIP BUMPS R, L, R, L, BODY SHAKE, JUMP, HOLD 2x, STEP L, HOLD

1-4 Hip bump R, L, R, L (make them sharp movements to hit the beats) 12:00

5-7 Shake butt or whole body for 3 counts

8 Jump with legs together

1-2 Hold for another 2 counts 12:00

3-4 Step LF to L, hold

Arms: On count 7, clasp both palms together and swing both palms from right to left at shoulder level. Then continue with D twice more to end the dance!

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