

Hold On

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Eddy Laguiche (FR) - December 2013
音樂: I Hold On - Dierks Bentley



Intro: 16 counts

S1: ROCK STEP FWD, COASTER STEP CROSS 1/8 TURN, SIDE, CROSS, SIDE, CROSS

1-2 Rock RF forward, Recover.
3&4 RF back, LF next RF, 1/8 R Turn RF Cross over LF. (1.30) Bend Knee on cross
5-6-7-8 LF to the L, RF cross over LF, LF to the L, RF cross over LF. Straight up on side steps &
 bend on cross.

Do these counts traveling 12.00, but keep upper body facing 1.30

S2: ROCK STEP, L 1/2 TURN, L 1/4 TURN, BALL SIDE, HOLD, BALL SIDE, TOUCH

1-2 Rock LF forward, Recover.
3-4 L 1/2 turn LF forward, L 1/4 turn RF to the R. (3.00)
&5-6 Ball LF next RF, RF to the R, Hold.
&7-8 Ball LF next RF, RF to the R, LF touch next RF.

S3: SIDE, TOUCH, L 1/4 TURN SIDE, TOUCH, L VINE HITCH

1-2-3-4 LF to the L, RF touch next RF, L 1/4 turn RF to the R, LF touch next RF. (12.00)
5-6-7-8 LF to the L, RF cross behind LF, LF to the L, Hitch R knee.

S4: TOUCH POINT FWD, TOUCH POINT BACK, R 1/2 TURN STEP, TOGETHER, CROSS, SIDE, CROSS, SIDE

1-2 R Toe touch forward, R Toe touch Back.
3-4 R 1/2 turn weight on RF, LF next RF. (6.00)
5-6-7-8 RF cross over LF, LF to the L, RF cross over LF, LF to the L.

Bend knee on crosses & Straight up on side steps

Restart here wall 6

S5: ROCKING CHAIR, L 1/2 TURN, L 1/4 TURN, CROSS, SIDE

1-2-3-4 Rock RF, Recover, Rock Back RF, Recover.
5-6-7-8 L 1/2 turn RF back, L 1/4 turn LF to the L, RF cross over LF, LF to the L (9.00)

Restart here wall 4

S6: BACK ROCK STEP, CHASSE, BACK ROCK STEP, FULL TURN TRIPLE STEP

1-2 Rock Back RF, Recover.
3&4 RF to the R, LF next RF, RF to the R.
5-6 Rock Back LF, Recover.
7&8 Full turn triple steps in place. Finish weight on LF (9.00)

S7: STEP, 3 COUNTS HOLD, L 1/2 TURN STEP, 3 COUNTS HOLD,

1-2-3-4 RF forward, Hold on 2-3-4. (9.00)
5-6-7-8 L 1/2 turn LF forward, Hold on 6-7-8. (3.00)

S8: R SWAY, DRAG FOR 3 COUNTS, L SWAY, POINT TOUCH IN-OUT-IN

1-2-3-4 Sway to the R RF to the R, Drag LF to RF on 2-3-4. (3.00)
5-6-7-8 Sway to the L LF to the L, Toe Touch IN-OUT- IN. (3.00)

Two Restarts: wall 4 after 40 counts, wall 6 after 32 counts

End of dance : Replace counts 7-8 of S2 : R 1/4 turn RF forward, LF next RF you will be face 12.00

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