

Timber

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - December 2013
音樂: Timber (feat. Kesha) - Pitbull



Start after 16 count intro

[1-8] R fwd rock/recover, R & L apart, hold, R heel bounce 2X, L heel bounce 2X

1-2 Rock R forward, recover weight on L
&3-4 Step R foot back and out, step left foot apart, hold
5-8 Press R heel down twice, press L heel down twice (weight ends on R)

You can use your hands to press palms to the floor as you lift up right heel then left heel – see video

[9-16] L ball cross side, R sailor, L cross step, ¼ L, ½ L, R fwd

&1-2 Step L back, cross step R over L, step L side
3&4 Step R behind L, step L side, step R side
5-8 Cross step L over R, turning ¼ left step R back, turning ½ left step L forward, step R forward
(3 o'clock)

[17-24] L fwd, R fwd & back points, R fwd, L fwd & back points, L fwd shuffle

1-3 Step L forward, touch R toes forward, touch R toes back
4-6 Step R forward, touch L toes forward, touch L toes back
7&8 Step L forward, step R together, step L forward

[25-32] R fwd, ¼ L pivot turn, R cross shuffle, L side rock/recover, L behind-side-cross

1-2 Step R forward, pivot ¼ left (12 o'clock)
3&4 Cross step R over L, step L side, cross step R over L
5-6 Rock L side, recover weight on R

Ending: WALL 7: dance up to this point count 30 and facing back wall add the following to bring yourself to front wall: ½ L sailor step

7&8 Cross step L behind R, step R side, cross step L over R

[33-40] R side, L touch, ¼ L shuffle, ½ L, ½ L, walk fwd 2

1-2 Step R side, touch L together
3&4 Turning ¼ left step L forward, step R together, step L forward (9 o'clock)
5-6 Turning ½ left step R back, turning ½ left step L forward
7-8 Step R forward, step L forward

[41-48] R fwd rock/recover, R back, L heel fwd, hold, 3 heel presses fwd, back, fwd, R side touch

1-2 Rock R forward, recover weight on L
&3-4 Step R back, touch L heel forward, hold
5-7 As you press forward on ball of L lift up R heel bending R knee forward, as you press back on R lift up L toes, as you press forward on ball of L lift up R heel bending R knee forward
8 Point R side

[49-56] R ball cross, R side, ¼ L & L side, ¼ L & R side, L sailor, R sailor

&1-2 R back, cross step L over R, step R side
3-4 Turning ¼ left step L side, turning ¼ left step R side (3 o'clock)
5&6 Step L behind R, step R side, step L side
7&8 Step R behind L, step L side, step R side

[57-64] Weave R 2, ¼ L toaster, walk fwd 2 (or full turn), R fwd, ¼ L pivot

1-2 Cross step L over R, step R side

3&4 Turning $\frac{1}{4}$ left step L back, step R together, step L forward (12 o'clock)
5-6 Step R forward, step L forward (or $\frac{1}{2}$ L & R back, $\frac{1}{2}$ L & L forward)
7-8 Step R forward, pivot $\frac{1}{4}$ left (9 o'clock)

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