Contra Hoe Down

級數: Improver - Contra

編舞者: Don Pascual (FR) - December 2013

音樂: Hoe Down Come Sundown - The Woolpackers

Start on vocals after 8 counts

拍數: 32

Start Position: The two lines are facing each other, dancers in staggered row

Sect 1: Step R to the R, L stomp up + clap, step L to the L, R stomp up + clap, L scoot x2 (traveling to the R), step R to the R, L scuff

- 1-2 Step R to the R, L stomp up beside R + clap
- 3-4 Step L to the L, R stomp up beside L + clap
- 5-6 L scoot x2 traveling to the R
- 7-8 Step R to the R, L scuff beside R

Sect 2: Step L to the L, R stomp up + clap, step R to the R, L stomp up + clap, R scoot x2 (traveling to the L), step L to the L, R scuff

- 1-2 Step L to the L, R stomp up beside L + clap
- 3-4 Step R to the R, L stomp up beside R + clap
- 5-6 R scoot x2 traveling to the L
- 7-8 Step L to the L, R scuff beside L

Sect 3: Step R fwd, L scuff, shuffle L fwd, (kick R fwd + clap) x2, shuffle R fwd

- 1-2 Step R forward, L scuff beside R
- 3&4 Step L forward, R beside L, step L forward
- 5-6 (R kick forward + clap hands forward with the two dancers facing you) x 2
- 7&8 Step R forward, L beside R, step R forward

Note: Lines are crossing during this section

Sect 4: L Scuff, step L fwd, R scuff, step turn 1/2 T L, R stomp up, R kick, R stomp up

- 1-3 L scuff beside R, step L forward, R scuff beside L
- 4-5 Step R forward, L ¹/₂ T
- 6-8 R stomp up beside L, R kick forward, R stomp up beside L

Tag: End of wall 4 and 8 (after the chorus), add the 4 following counts:

Syncopated jump out fwd, hold, syncopated jump in backward, hold

- &1-2 Syncopated jump out forward (R, L), hold
- &3-4 Syncopated jump in backward (R,L), hold

Have fun with this dance ...

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牆數:0