

Bad Mood

拍數: 32 牆數: 4 級數: Improver
編舞者: Jo Kinser (UK) & John Kinser (UK) - May 2013
音樂: Badmood - Lonnie Gordon : (iTunes)



32 count intro, (0.18). (118 bpm).

[1-8] Walk Fwd, Shuffle Step, Rock Step, Coaster Step

1,2 Walk fwd Rt, Lt
3&4 Step Rt fwd, Step Lt next to Rt, Step Rt fwd
5,6 Rock Lt fwd, Replace weight Rt
7&8 Step Lt back, Step Rt next to Lt, Step Lt fwd

[9-16] Rock Step, 3/4 Turn, Sailor Step, Behind & Fwd

1,2 Rock Rt fwd, Replace weight Lt
3,4 Make 1/2 turn Rt stepping Rt fwd (6:00), Make 1/4 turn Rt stepping Lt to Lt (9:00)
5&6 Step Rt behind Lt, Step Lt to Lt, Step Rt to Rt
7&8 Step Lt behind Lt, Step Rt to Rt, Step Lt fwd

RESTART HERE: Facing 12:00, during wall 8.

[17-24] Side Rock, Crossing Shuffle, Rock 1/4 Turn, Step 1/2 Turn

1,2 Rock Rt to Rt, Replace weight Lt
3&4 Step Rt across Lt, Step Lt to Lt, Step Rt across Lt
5,6 Rock Lt to Lt, Make 1/4 turn Rt stepping Rt fwd (12:00)
7,8 Step Lt fwd, Make 1/2 turn Rt stepping Rt fwd (6:00)

[25-32] Step, Kick, & Cross, Side, Touch, Kick, & Cross, 1/4 Turn

1,2 Step Lt fwd, Kick Rt fwd diagonally Rt
&3,4 Step ball of Rt slightly back, Cross Lt over Rt, Step Rt to Rt
5,6 Touch Lt next to Rt, Kick Lt fwd diagonally Lt
&7,8 Step ball of Lt slightly back, Cross Rt over Lt, Make 1/4 turn Rt stepping Lt back (9:00)

TAG 1: Facing 3:00, at the end of wall 11.

[1-4] Walk Fwd, Kick Ball Change

1,2 Walk fwd Rt, Lt
3&4 Kick Rt low fwd, Step ball of Rt next to Lt, Step Lt fwd

ENDING: Make 1/2 Turn Rt Stomping Rt fwd, (12:00)

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