

Gotta Ball Cap On

拍數: 32 牆數: 2 級數: Improver
編舞者: David Sinfield (UK) - December 2013
音樂: Ball Cap - Glen Templeton : (Google Play, iTunes)



Dance Starts on the word "its"....

SIDE, TOGETHER, RIGHT CHASSE, CROSS ROCK, SAILOR ¼ TURN LEFT

1-2 Step right to right, close left beside right
3&4 Step right to right, close left beside right, step right to right
5-6 Cross rock left over right, replace weight onto right
7&8 Cross left behind right, step right slightly right, on ball of left turn ¼ turn left

SYNCOPATED ROCKING CHAIR, RIGHT SHUFFLE, POINT FRONT, SIDE, COASTER STEP

1& Rock right forward, replace weight onto left
2& Rock right back, replace weight onto left
3&4 Step right forward, close left beside right, step right forward
5-6 Point left forward, point left to left side
7&8 Step left back, close right beside left, step left forward

(Restart dance after count 16 during wall 3)

STEP ¼ TURN LEFT, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE

1-2 Step right forward, pivot ¼ turn left
3&4 Cross right over left, step left to left, cross right over left
5-6 Rock left to left, replace weight onto right
7&8 Cross left over right, step right to right, cross left over right

SIDE, CLOSE, RIGHT SHUFFLE, SYNCOPATED ROCKING CHAIR, LEFT SHUFFLE

1-2 Step right to right, close left beside right
3&4 Step right forward, close left beside right, step forward
5& Rock forward left, replace weight onto right
6& Rock back left, replace weight onto right
7&8 Step left forward, close right beside left, step left forward
