

Break My Mind

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Connie Nielsen (DK) & Dorthe Andersen (DK) - December 2013
音樂: Break My Mind - Nathan Carter : (Album: The Way That You Love Me)



Intro: Start dancing on lyrics

Rock forward, Shuffle back, Rock back, Shuffle forward.

1-2 Rock forward on right, Recover on left
3&4 Step back on right, Step left beside right, Step back on right
5-6 Rock back on left, Recover on right
7&8 Step forward on left, Step right beside left, Step forward on left

Side rock, Behind ¼ turn step, Rock forward, Coaster cross

1-2 Rock right to right side, Recover on left
3&4 Step right behind left, ¼ turn left stepping onto left, Step forward on right
5-6 Rock forward on left, Recover on right
7&8 Step back on left, Step right beside left, Cross left over right .

Side rock, Sailor ¼, Rock forward, Triple full turn

1-2 Rock right to right side, Recover on left
3&4 Sweep right behind left, Turn ¼ right stepping left beside right , Step fw on right
5-6 Rock forward on left, Recover on right
7&8 On the spot turn over left on left, right, left

Side rock, Behind side cross, Side together, Chasse ¼ turn

1-2 Rock right to right side, Recover on left
3&4 Right behind left, Left to left side, Cross right over left
5-6 Step left to left side, Step right beside left
7&8 Step left to left side, Step right beside left, Turn ¼ left stepping left forward

TAG: After wall 2, wall 4 and wall 5

Jazz box

1-2 Cross right over left, Step left back
3-4 Step right to right side, Step forward on left

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