

# Break My Mind

**COPPER** KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Connie Nielsen (DK) & Dorthe Andersen (DK) - December 2013  
音樂: Break My Mind - Nathan Carter : (Album: The Way That You Love Me)



**Intro: Start dancing on lyrics**

**Rock forward, Shuffle back, Rock back, Shuffle forward.**

1-2            Rock forward on right, Recover on left  
3&4           Step back on right, Step left beside right, Step back on right  
5-6           Rock back on left, Recover on right  
7&8           Step forward on left, Step right beside left, Step forward on left

**Side rock, Behind ¼ turn step, Rock forward, Coaster cross**

1-2            Rock right to right side, Recover on left  
3&4           Step right behind left, ¼ turn left stepping onto left, Step forward on right  
5-6           Rock forward on left, Recover on right  
7&8           Step back on left, Step right beside left, Cross left over right .

**Side rock, Sailor ¼, Rock forward, Triple full turn**

1-2            Rock right to right side, Recover on left  
3&4           Sweep right behind left, Turn ¼ right stepping left beside right , Step fw on right  
5-6           Rock forward on left, Recover on right  
7&8           On the spot turn over left on left, right, left

**Side rock, Behind side cross, Side together, Chasse ¼ turn**

1-2            Rock right to right side, Recover on left  
3&4           Right behind left, Left to left side, Cross right over left  
5-6           Step left to left side, Step right beside left  
7&8           Step left to left side, Step right beside left, Turn ¼ left stepping left forward

**TAG: After wall 2, wall 4 and wall 5**

**Jazz box**

1-2            Cross right over left, Step left back  
3-4           Step right to right side, Step forward on left

**Contact: Email [ibco@tdcadsl.dk](mailto:ibco@tdcadsl.dk)**