

Round & Round

拍數: 80 牆數: 2 級數: Intermediate Contra style / Line
編舞者: Guyton Mundy (USA) & Will Craig (USA) - November 2013
音樂: 4X4 (feat. Nelly) - Miley Cyrus



How You Line Up: You have your arms hooked so the A's Left arm is hooked with B's Left arm.
To start the dance A's Face 6'O Clock B's Face 12'O Clock

A B..... A B..... A B
A B..... A B..... A B
A B..... A B..... A B

Sequence of dance A B C A B C A B B B C A B B

Part A: 32 counts Contra Style 2 Walls Both A and B do the same steps

[1-8] Make a 1 1/2 CCW circle as you Walk Right Left, Triple Step, Walk left, right, Triple Step

1 2 Walk Right foot forward, Walk left foot forward while starting your 1 and a 1/2 turn
3&4 continuing the turn make a triple step right left right
5 6 Continuing the turn Walk left foot forward, Walk right foot forward
7&8 Finishing the turn make a triple step left, right, left

[9-16] Side Rock Recover, Behind Side Cross, Side Rock Recover Behind Side Cross

At this point you will let go of your partners arm. on the weave you should cross in front of your partner

1 2 Rock right foot to right side, Recover weight onto left foot
3&4 Step right foot behind left foot, Step left foot to left side, Cross right foot over left foot
(at this point you will cross in front of your partner)
5 6 Rock left foot to left side, Recover weight onto right foot
7&8 Step left foot behind right foot, Step right foot to right side, Cross left foot over right
(you will cross in front of your partner and hook arms again)

[17-24] Make a 1 1/2 CCW circle 1 And A Half Turns Walk Right Left, Triple Step, Walk Right Left, Triple Step

1 2 Walk Right foot forward, Walk left foot forward while starting your 1 and a 1/2 turn
3&4 continuing the turn make a triple step right left right
5 6 Continuing the turn Walk left foot forward, Walk right foot forward
7&8 Finishing the turn make a triple step left, right, left

[25-32] Side Rock Recover, Behind Side Cross, Side Rock Recover Behind Side Cross

At this point you will let go of your partners arm. on the weave you should cross in front of your partner

1 2 Rock right foot to right side, Recover weight onto left foot
3&4 Step right foot behind left foot, Step left foot to left side, Cross right foot over left foot
(crossing in front of your partner)
5 6 Rock left foot to left side, Recover weight onto right foot
7&8 Step left foot behind right foot, Step right foot to right side, step forward on left

Note.. at the end of the A pattern A's and B's will alternate making a 1/2 turn sailor over left shoulder on counts 7&8. First will be the A's, the B's then A's and you will cross sides again

Part B: 32 Counts 2 wall (Everyone will be facing the same wall during this part)

[1-8] Kick and Step, Heel Twist, Heel Up Down, Kick Step Lock Step Kick Step Lock Step

1&2 Kick right foot forward, Bring right foot next to left foot, Step Left foot forward
&3&4 Twist left and right heel out to left side, Bring left and right heel back to center, Rise left heel up, Bring left heel down (weight ends on left foot)
5&6& Kick right foot forward, Step right foot down, Lock left foot behind right foot, Step right foot forward
7&8& Kick left foot forward, Step left foot down, Lock right foot behind left foot, Step left foot forward

[9-16] Hand Claps Knee Slaps, Elbow Clap Elbow Clap, Hop, Hop

- 1&2& Step right foot forward while clipping hands, Hitch left knee up while slapping left knee with right hand, Step left foot forward while clapping hands, Hitch right knee up while slapping right knee with left hand
- 3&4 Step right foot back while clapping hands, Slap right thigh with right hand, Bring left hand to right elbow
- 5&6 Bring right hand down to clap left hand, Raise right hand so that right elbow is on left hand, Bring right hand down to clap left hand
- 7 8 Hop back on right foot while pumping arms forward, Hop back on left foot while pumping arms forward

[17-24] Step Hitch Back Step, Ball Step, Box 1/2 Turn

- 1 2 Step left foot forward, Hitch right knee up
- 3&4 Step right foot back, Bring left foot to right foot, Step right foot forward
- 5 6 Cross left foot over right foot, Make 1/4 turn left while stepping right foot back
- 7 8 Make 1/4 turn left stepping left foot forward, Step right foot forward

[25-32] Weave Forward, Cross Back Ball Step, Walk

- 1&2& Lock left foot behind right foot, Step right foot forward, Step left foot forward, Lock right foot behind left
- 3 4 Step left foot forward, Step right foot forward
- 5 6& Cross left foot over right foot, Step right foot back, Bring left foot next to right foot
- 7 8 Step forward on right foot, Step forward on left foot

Part C (Tag) : 16 Counts

[1-8] Walk Walk, 1/4 side rock and cross, 1/4, 1/2, triple

- 1 2 Walk Right, Walk Left
- &3 4 make a 1/4 turn to left rocking right out to right, recover on left, cross right over left
- 5 6 Make 1/4 turn right stepping left foot back, make 1/2 turn right stepping right foot forward
- 7&8 Step left foot forward, Bring right foot next to left foot, Step left foot forward

[9-16] Walk, Walk, 1/4 side rock and cross, 1/4, 1/2, triple

- 1 2 Walk Right, Walk Left
- &3 4 make a 1/4 turn to left rocking right out to right, recover on left, cross right over left
- 5 6 Make 1/4 turn right stepping left foot back, make 1/2 turn right stepping right foot forward
- 7&8 Step left foot forward, Bring right foot next to left foot, Step left foot forward

Note...At the end of the C Pattern A's or B's will alternate making a 1/2 turn chase over the right shoulder on counts 7&8 and lock arms with your partner for the A pattern. The first will be B's then A's then B's

Contacts: www.Funk-N-Line.com - www.willsempireofdance.com

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