Rindu



拍數: 64

牆數: 2

級數: Improver

編舞者: Roosamekto Mamek (INA) & Ayu Permana (INA) - December 2013

音樂: Basah Hatiku (feat. Obbie Messakh) - Anis Marsela

Alternative music: Rindu by Ria Amelia

It can be danced with any Dangdut Rhythm

STEP DIAGONALLY FORWARD, LOCK BEHIND, STEP DIAGONALLY FORWARD, TOUCH

- 1-4 Step R diagonally forward Lock L behind R Step R diagonally forward Touch L beside R
- 5-8 Step L diagonally forward Lock R behind L Step L diagonally forward Touch R beside L

ROCKING CHAIRS, PADDLE TURN ¼ LEFT 2X

- 1-4 Rock R forward Recover on L Rock R back Recover on L
- 5-8 Step R forward Pivot turn ¼ left Step R forward Pivot turn ¼ left

STEP DIAGONALLY FORWARD, LOCK BEHIND, STEP DIAGONALLY FORWARD, TOUCH

- 1-4 Step R diagonally forward Lock L behind R Step R diagonally forward Touch L beside R
- 5-8 Step L diagonally forward Lock R behind L Step L diagonally forward Touch R beside L

ROCKING CHAIRS, PADDLE TURN ¼ LEFT 2X

- 1-4 Rock R forward Recover on L Rock R back Recover on L
- 5-8 Step R forward Pivot turn ¼ left Step R forward Pivot turn ¼ left

SIDE, BEHIND, SIDE, KICK

- 1-4 Step R to side Cross L behind R Step R to side Low kick L diagonally forward
- 5-8 Step L to side Cross R behind L Step L to side Low kick R diagonally forward

BACK MAMBO WITH FLICK, FORWARD MAMBO, HOLD

- 1-4 Rock R back Recover on L Step R forward Flick L back
- 5-8 Rock L forward Recover on R Step L back Hold

SAILOR STEP TURN ¼ RIGHT, RECOVER WITH HIPS BUMP, MAMBO TURN ¼ RIGHT, FLICK

- 1-4 Sweep and step R behind L Turn ¼ right step L to side Rock R to side with hips bump Recover on L with hips bump
- 5-8 Rock R forward Recover on L Turn ¼ right step R to side Flick L back

JAZZ BOX WITH FLICK, HIPS BUMPS

- 1-4 Cross L over R Step R back Step L to side Flick R back
- 5-8 Touch R toe diagonally forward bumping hips forward back forward back (body angle slightly to left diagonal and weight is on L)

REPEAT

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