

# Please Rescue Me

COPPERKNOB  
STEPPERS

拍數: 64      牆數: 2      級數: Low Intermediate  
編舞者: Penny Tan (MY) & Candy Lock (MY) - December 2013  
音樂: SOS - Rihanna



**Intro: 32 counts (Dance starts on heavy beats)**

**[1 – 8]: Walk, Walk, Fwd Shuffle, Fwd Rock Recover, Coaster Step**

1-2            Walk fwd on R, L  
3&4            Step fwd on R, step L beside R, step fwd on R  
5-6            Step L fwd, rock recover on R  
7&8            Step back on L, step R beside L, step fwd on L

**[9 -16]: Rocking Chair, Jazz Box**

1-2-3-4        Step fwd on R, recover on L, step back on R, recover on L  
5-6            Cross R over L, step back on L  
7-8            Step R to R side, cross L over R

**[17-24]: R Cross, Rock Recover, Side Chasse, (Repeat on L)**

1-2            Cross R over L, recover on L  
3&4            Step R to R side, step L beside R, step R to R side  
5-6            Cross L over R, recover on R  
7&8            Step L to L side, step R beside L, step L to L side

**[25-32]: Paddle ¼ turn, Paddle ¼ turn, Cross, side Touch, Behind, Side Touch**

1-2            Step fwd on R, make a ¼ turn to L, recover on L (9.00)  
3-4            Step fwd on R, make a ¼ turn to L, recover on L (6.00)  
5-6            Cross R over L, touch L to L side  
7-8            Cross L behind R, touch R to R side

**[33-40]: Walk, Walk, Fwd Hitch, Back, Back, Back Flick**

1-2-3-4        Walk fwd on R, L, R, hitch L fwd  
5-6-7-8        Step back on L, R, L, flick R to back

**[41-48]: Diagonally Walk, Walk, Fwd Kick, Side, Full Turn (6.00), Touch**

1-2-3-4        Diagonally walk fwd on R, L, R, kick L fwd  
5-6            Step L to L side, make a ½ turn to L (12.00) as step R to R side  
7-8            Make a ½ turn to L (6.00) as step L to L side, touch R beside L

**[49-56]: Step Back, Fwd Touch Hips (repeat x 4 )**

&1-2            Step back on R, touch fwd on L with hips  
&3-4            Step back on L, touch fwd on R with hips  
&5-6            Step back on R, touch fwd on L with hips  
&7-8            Step back on L, touch fwd on R with hips

**[57-64]: Walks step, Weave (fast), Touch**

1-2-3-4        Walk fwd on R, L,R, L  
5&6&7&8        Cross R over L, step L to L side, cross R behind L, step L to L side, cross R over L, step L to L side, touch R beside L

**Dance again!**

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