

Bakersfield

拍數: 32 牆數: 4 級數: Newcomer - Polka
編舞者: Dzintra Rozite (LAT) - December 2013
音樂: Streets of Bakersfield - Dwight Yoakam



ROCK, RECOVER, COASTER, 1 ¼ TURN RIGHT

- 1 RF step right
- 2 LF recover
- 3 RF step back
- & LF beside
- 4 RF step forward
- 5 LF step forward
- 6 RF ½ turn right stepping forward
- 7 LF ½ turn right stepping back back
- 8 RF ¼ turn right stepping side (3:00)

CROSS SHUFFLE, STROLL BACK ¼ LEFT , SAILOR 2x

- 9 LF cross over right
- & RF beside
- 10 LF cross over right
- 11 RF turn ¼ left stepping back
- 12 LF step back (12:00)
- 13 RF behind left
- & LF side to left
- 14 RF side to right
- 15 LF behind right
- & RF step to right
- 16 LF step to left

SHUFFLE FORWARD 4X TURNING ¾ LEFT

- 17 RF step forward
- & LF step beside
- 18 RF step forward
- 19 LF step forward
- & RF step beside
- 20 LF step forward
- 21 RF ¼ turn left stepping side
- & LF step beside
- 22 RF ¼ turn left stepping back
- 23 LF ¼ turn left stepping side
- & RF step beside
- 24 LF step side to left (3:00)

HEEL DIG, TURN ¼ LEFT, KICK BALL CHANGE, TURN ¼ LEFT

- 25 RF dig heel forward
- & RF step beside left
- 26 LF dig heel forward
- & LF step beside right
- 27 RF step forward
- 28 LF transfer weight ¼ turning left
- 29 RF kick forward

& RF step beside left
30 LF step forward
31 RF step forward
32 LF transfer weight $\frac{1}{4}$ turning left (9:00)

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