

Øde ø / Deserted Island

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver / Easy Intermediate
編舞者: Annette Dida Nielsen (DK) - December 2013
音樂: Øde Ø - Rasmus Seebach : (Album: Ingen Kan Love Dig I Morgen)



Intro: 16 counts - 3 tags and 2 restarts

Tag: 3 - After wall 2 and wall 12 facing 12:00 and after wall 7 facing wall 06:00

Restart: 2 - After 16 counts on wall 5 facing 06:00 and after 16 counts on wall 10 facing 12:00

Ending: Wall 15 facing 12:00

[1 - 8] Side, Behind, Chasse, Cross, Side, Sailor 1/4

1-2 Step R to R, Step L behind R
3&4 Step R to R, Step L to R, Step R to R
5-6 Cross L over R, Step R to R
7&8 Sweep L behind R making 1/4 turn L, Step R beside L, Step forward on L

[9 - 16] Skate x 2, Shuffle, Vine 1/4 turn, touch

1-2 Skate forward R, Skate forward L
3&4 Step forward R, step L next to R, step forward R
5-6 Step L to L, cross R behind L
7-8 Turn 1/4 L forward, touch R beside L

[17 - 24] Back rock, Kick ball cross, Side rock, Cross shuffle

1-2 Rock R back, Recover on L
3&4 Kick R forward, Step R down, Step L across R
5-6 Side rock R to R, recover on L
7&8 Cross R over L, Step L to L side, cross R over L

[25 - 32] ¼ turn x 2, Behind side step, 1/4 paddleturn x 2

1-2 ¼ L step L forward, ¼ L step R to R side
3&4 Step L behind R, Step R to R side, Step L forward
5-6 Step forward R, make ¼ turn L
7-8 Step forward R, make ¼ turn L

Tag: Jazz box, Hip bumps

1-2-3-4 Cross R over L, step L back, Step R to R, Step L forward
5-6-7-8 Bump hips R-L-R-L

Ending: Wall 15 - first 15 count - Step ½ turn

16-17 Step R forward, 1/2 turn L

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Last Revision - 30th Jan 2014