

Burn It Up

COPPER KNOB
STEPPERS

拍數: 32 牆數: 2 級數: Novice
編舞者: Jessica Carlson (USA) - December 2013
音樂: Burn It Up - Jessie James



Start 32 counts after music starts, with words:

R Diagonal Step, Cross L over R, Triple, L Diagonal Step, Cross R over L Triple

1,2 Step R diagonally forward R (1), Cross L over R, (continue travel diagonally R) (2)
3&4 Step R diagonally forward R (3), Step L next to R (&) Step R diagonally forward R (4)
5,6 Step L diagonally forward L (5), Cross R over L, (continue travel diagonally L) (6)
7&8 Step L diagonally forward L (7), Step R next to L (&), Step L diagonally forward L (8) (12:00)

*Restart on 5th Rotation

Jazz box with ½ turn, Jazz Triangle

1,2 Cross R over L (1), Step L back (2)
3,4 Turn ½ R, stepping R forward (3), Step L forward (4) (6:00)
5,6 Cross R over L (5), Step L back (6)
7,8 Step R to R (7), Step L next to R (8) (6:00)

Toe Struts with Hip Bumps

1,2 Touch R toe forward, bumping hip up (1), Take weight on R, bumping hip down (2)
3,4 Touch L toe forward, bumping hip up (3), Take weight on L, bumping hip down (4)
5-8 Repeat 1-4 (6:00)

Rock forward, shuffle half turn

1,2 Rock R forward (1), Recover onto L (2)
3&4 Turn ½ R, stepping R forward (3), Step L next to R (&), Step R forward (4)
5,6 Rock L forward (5), Recover onto R (6)
7&8 Turn ½ L, stepping L forward (7), Step R next to L (&), Step L forward (8) (6:00)

*One Restart 8 counts into wall 5

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