

# Let the Day Begin

**COPPER KNOB**  
BY STEPHEN METZ

拍數: 32                      牆數: 4                      級數: Beginner  
編舞者: Rene & Reg Mileham (UK) - November 2013  
音樂: Satisfy My Soul - Paul Carrack : (CD: Satisfy My Soul)



Short intro – about 2 beats (start on the word "SOUL") 93 bpm

**Section 1: Side rock, recover, coaster. Repeat to left**

1 – 2                      Rock Right out to side, recover onto Left  
3 & 4                      Step Right back, step Left beside Right, step Right forward.  
5 – 6                      Rock Left out to side, recover onto Right  
7 & 8                      Step Left back, step Right beside Left, step Left forward.

**Section 2: Side, hold, behind, side, with ¼ turn right, side. Repeat sequence**

1 – 2                      Step Right out to side, hold  
3 & 4                      Step Left behind Right, step Right to side, making ¼ turn right, step Left to side 3.00  
5 – 6                      Step Right out to side, hold  
7 & 8                      Step Left behind Right, step Right to side, making ¼ turn right, step Left to side 6.00

**Section 3: Side, close, side, close, forward. Side, close, side, close, back**

1 – 2                      Step Right to side, close Left beside Right  
3 & 4                      Step Right to side, close Left beside Right, step Right forward  
5 – 6                      Step Left to side, close Right to Left  
7 & 8                      Step Left to side, close Right to Left, step Left back

**Section 4: Forward, hold, Coaster step making ¼ turn left. Rock forward, hold, rock back, touch**

1 – 2                      Step Right forward, hold,  
3 & 4                      Step Left back, step Right beside Left, step Left forward, making ¼ turn left. 3.00  
5 – 6                      Rock Right forward, hold  
7 – 8                      Rock Left back, touch Right beside Left (weight on Left)

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