

One Dance, One Rose, One Kiss

COPPERKNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Manu De Meyer (BEL) - December 2013
音樂: One Dance, One Rose, One Kiss - The Refreshments



Section1: R Touch out-in-out, R Coaster step, L Touch out-in-out, L Coaster step

1&2 touch RF to R, touch RF beside LF, and touch RF to R
3&4 step back on RF, put LF beside RF, step RF to front
5&6 touch LF to L, touch LF beside RF, and touch LF to L
7&8 step back on LF, put RF beside LF, step LF to front

Section2: Walk x 2, Mambo step, Walk back x 2, Coaster step

1-2 step forward R, step forward L
3&4 step RF to front, recover weight on LF, and step RF back
5-6 step LF back, step RF back
7&8 step back on LF, put RF beside LF, step LF to front

Section3: Step, ¼ L, Cross shuffle, Side rock, Cross shuffle

1-2 step RF to front; turn ¼ L (weight on LF) (09:00)
3&4 cross RF over LF, close LF behind RF, cross RF over LF
5-6 step LF to L, recover weight on RF
7&8 cross LF over RF, close RF behind LF, cross LF over RF

Section4: Switches Toe & Heel, rock step ½ R step, L shuffle

1&2& touch R toe to R, recover on RF, touch L toe to L, recover on LF,
3&4& step R heel forward, recover on RF, step L heel forward, recover on LF
5&6 step RF to front, recover on LF, make ½ turn R and step RF forward (03:00)
7&8 step LF to front, step RF beside LF, and step LF to front

Ending: wall 10

R Touch out-in-out, R Coaster step with ¼ turn L

1&2 touch RF to R, touch RF beside LF, and touch RF to R
3&4 step back on RF, put LF beside RF, make ¼ turn L and step RF to front

Have fun

Contact: garfieldm11@telenet.be