

# Losing My Head

**COPPER** **NOB**  
BY STEPHEN

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Esmeralda van de Pol (NL) - December 2013  
音樂: Losing My Head - Jason Chen



Intro : 16 counts

## **FWD STEP, CROSS, STEP BACK, STEP BACK, CROSS, 3/4 TURN R, 1/4 TURN R BASIC NC, VINE**

1-2&      Step fwd on RF and sweep LF from back to front, Cross LF over RF, Step RF slightly back  
3&4&      Step LF slightly back, Cross RF over LF, 1/4 Turn R-stepping LF back, 1/2 Turn R-stepping RF fwd  
5-6&      1/4 turn R-stepping LF to L side, Step RF behind L heel, Cross LF over RF  
7&8&      Step RF to R side, Step LF behind RF, Step RF to R side, Cross LF over RF

## **BASIC NC R, SIDE, BEHIND, SIDE, 1/4 TURN L ROCK & CROSS, STEP BACK-DRAG & STEP FWD**

1-2&      Step RF to R side, Step LF behind R heel, Cross RF over LF  
3-4&      Step LF to L side, Step RF behind LF, Step LF to L side  
5&6      1/4 turn L-rock RF to R side, Recover on LF, Cross RF over LF  
7-8&      Step LF back and drag RF next to LF, Step RF next to LF, Step LF fwd

## **FWD ROCK, 1/2 TURN R ROCK, BACK ROCK, FULL TURN L, FWD ROCK, 1/4 TURN R, CROSS , SIDE, ROCK BACK**

1-2      Rock RF fwd, Recover on L  
&3&4      1/2 turn R-rock RF fwd, Recover on LF, Rock RF back, Recover on LF  
&5      1/2 turn L-stepping RF back, 1/2 turn L-stepping LF fwd  
6&7      Rock fwd on RF, Recover on LF, 1/4 turn R-stepping RF to R side  
&8&      Cross LF over RF, Step RF to R side, Rock back on LF

## **RECOVER, 1/2 TURN R CROSS SHUFFLE BACK, 1/2 TURN R ROCK FWD, STEP BACK, COASTER STEP, WALK FWD X2**

1-2&3      Recover on R, 1/4 turn R-stepping LF to L side, Cross RF over LF, 1/4 turn R-stepping LF back  
4&5      1/2 turn R-rock RF Fwd, Recover on LF, Step RF back  
6&7      Step LF back, Step RF next to LF, Step LF fwd  
8&      Step RF fwd, Step LF fwd

## **TAG : at the end of the 2nd wall. 4 counts**

1-4      HIP SWAYS, Right, Left, Right, Left

Have fun !!!

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