

Anytime

COPPER KNOB
BY STEPHEN BRETTS

拍數: 32 牆數: 2 級數: Intermediate NC2S
編舞者: David Sinfield (UK) - December 2013
音樂: Anytime - Mary Griffin : (Album: Purified - iTunes)



32 count intro

SIDE, BACK ROCK, SIDE, BACK ROCK, SCISSOR CROSS, SYNCOPATED FULL TURN (TRAVELLING TO LEFT SIDE)

1-2& Step right to right side, rock back on left, recover weight on right
3-4& Step left to left side, rock back on right, recover weight on left
5&6 Step right to right, close left beside right, cross right over left
7&8 Step back on left spin $\frac{1}{2}$ turn right, step forward on right spin $\frac{1}{4}$ turn right, step back on left spin $\frac{1}{4}$ turn right

BACK ROCK, SIDE, BEHIND SIDE CROSS, ROCK $\frac{1}{4}$ TURN STEP, FULL TURN TRAVELING FORWARD

1-2& Rock back on right, recover weight onto left, step right to right
3&4 Cross left behind right, step right to right, cross left over right
(RESTART DANCE AFTER COUNT 12 ON WALL 3)
5&6 Rock right to right, on the ball of left turn $\frac{1}{4}$ turn left, step forward right
7&8 Step forward on left spin $\frac{1}{2}$ turn right, step back on right spin $\frac{1}{2}$ turn right, step forward left

STEP TURN, CROSS, SYNCOPATED FULL TURN, BACK ROCK $\frac{1}{2}$ TURN, COASTER STEP

1&2 Step forward right, pivot $\frac{1}{4}$ turn left, cross right over left
3&4 Step back on left spin $\frac{1}{2}$ turn right, step forward on right spin $\frac{1}{4}$ turn right, step back on left spin $\frac{1}{4}$ turn right
5&6 Rock back on right, recover weight onto left, step forward on right spin $\frac{1}{2}$ turn left
7&8 Step back on left, step right beside left, step forward on left

SCISSOR CROSS, SWAY LEFT RIGHT, SCISSOR CROSS, STEP PIVOT

1&2 Step right to right, step left beside right, cross right over left
3-4 Sway hips left step left slightly left, sway hips right step right slightly right
5&6 Step left to left, step right beside left, cross left over right
7-8 Step right forward, pivot $\frac{1}{2}$ turn left

Contact: thighslappincowboy@hotmail.com