I Can't Believe

拍數: 32

級數: Intermediate

編舞者: Ayu Permana (INA) - November 2013

音樂: For the First Time - Kenny Loggins

Start on vocal after 16 counts music intro

SECTION 1. SIDE, TOGETHER, CROSS, ¼ COASTER TURN, ¾ SPIRAL TURN, SIDE, CROSS, SIDE (06.00)

- 1 2& Step R to right side, step ball L close to R, cross R over L
- 3 4& Turn ¼ right step back on L (03.00), step R backward, step L forward
- 5-6 Turn ³/₄ left step back on L weight on R when finished turning (06.00), step to left side
- 7 8& Step R to right side, cross L over R, step R to right side

SECTION 2. ¼ TURN, FORWARD LOCKSTEP, (2X) FORWARD DIAGONAL, ¼ PIVOT TURN & CROSS, ¼ TURN, ½ TURN (09.00)

- 1 Turn ¼ left step L forward (03.00)
- 2 & 3 Step R forward, cross L behind R, step R forward
- 4 5 Step L forward diagonally left, step R forward diagonally right
- 6 & 7 Step L forward, turn ¼ right step on R, cross L over R (06.00)
- 8& Turn ¼ left step back on R (03.00), turn ½ left step L forward (09.00)

SECTION 3. SIDE, SIDE, RECOVER, CROSS, RECOVER, ½ TURN, (2X) SIDE–CROSS–RECOVER (03.00)

- 1 2& Step/slide R to right side, step/rock L to left side, recover on R
- 3 4& Cross/rock L over R (angel body facing 10.30), recover on R, turn ½ left by rotating the body to face and step L forward (04.30)
- 5 6& Step R to right side, cross/rock L over R, recover on R
- 7 8& Step L to left side L side squaring up to (03.00), cross/rock R over L, recover on L

SECTION 4. SIDE, ¾ SHUFFLE TURN, (2X) SIDE-BACK-CROSS, SIDE, RECOVER (06.00)

1 Step/slide R to right side

- 2 & 3 Turn ¼ left stepping step L forward (12.00), step R close to L turn 1/4 left, make another ¼ turn step L forward (Note: moving around by doing ¾ shuffle turn to the left)
- 4 & 5 Step R to right side, step back on L, cross R over L
- 6 & 7 Step L to left side, step back on R, cross L over R
- 8& Step/rock R to right side, recover on L

REPEAT

TAGS: There are 3 Tags at the end of walls 2, 4, and 5 respectively, please do the following steps: (RIGHT & LEFT) SIDE–BACK–CROSS, (2X) ½ PIVOT TURN

- 1 2& Step R to right side, step L behind R, cross R over L
- 3 4& Step L to left side, step R behind L, cross L over R
- 5-8 Step R forward, turn $\frac{1}{2}$ left step L slightly forward (repeat)

ENDING: The dance will finish on wall 7 after 16 counts (Section 2), the music played begin very slow .. Please continue the dance from the beginning (Section 1) to count 7 (Section 2) .. then do the following steps for nice ending:

8& Turn ¼ left step back on R (03.00), turn ¼ left step L forward (12.00)

ENJOY AND HAPPY DANCING ...

Contact person: permanaayu@yahoo.com





牆數:2