

Disco Love

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Becca Haycox & Karen Haycox (UK) - November 2013
音樂: Disco Love - The Saturdays : (iTunes)



Start On Vocals

[1-8] Syncopated Weave R, ¼ Left Walking L, R, L Coaster Step

1, 2 Step R to R Side, Step L behind R
&3 Step R to R Side, Cross Step L Over R
4 Step R to R Side
5, 6 Turn ¼ to L Walking Back L, R (9:00)
7&8 Step Back on L, Step R Next to L, Step Forward on L

[9-16] R Reverse ½ Turn, Shuffle ½ Turn, 2 x Heels & Big Step Forward, Touch

1, 2 Step Forward on R, Reverse ½ Turn over R Shoulder Stepping Back on L (3:00)
3&4 R Shuffle ½ over R Shoulder (9:00)
5&6 L Heel Forward, Replace L Next to R, R Heel Forward
&7 Replace R Next to L, Big Step Forward on Left
8 Touch R Next to L

[17-24] Syncopated Weave R, Touch, Turn ¼ R, L Coaster Cross

1, 2 Step R to R Side, Step L Behind R
&3 Step R to R Side, Cross Step L Over R
4 Step R to R Side
5,6 Touch L Next to R , Turn ¼ to the Right keeping L Touched Next R keeping Weight on the R(12:00)
7&8 Step L back, Step R Next to L, Cross Step L over R

[25-32] R Side Hold & Side Touch, Left Rocking Chair

1, 2 Step R to R Side, Hold
&3 Step L Next to R, Step R to R Side
4 Touch L Next R

Tag Wall 5 and Restart

5, 6 Rock Forward on the Left, Recover Weight onto R
7, 8 Rock Back on the Left, Recover Weight onto R

[33-40] L Side Rock, Behind Side Cross, R Side Rock, Behind ¼ Step

1, 2 Rock L to the L Side, Recover Weight onto R
3&4 Cross Step L Behind R, Step R to R Side, Cross Step L Over R
5, 6 Rock R to the R Side, Recover Weight onto L
7&8 Cross Step R Behind L, Turn ¼ to L Stepping L Forward, Step Forward on R (9:00)

[41-48] Walk L, R, Swivel Heels Out & In, Jazz Jump Back, 2x Hip Bumps, & Cross Side

1, 2 Walk Forward L , R
&3 Swivel Heels Out, Swivel Heels In
&4 Jazz Jump Back Stepping Back R, L
5, 6 Bump Hips to the L, Bumps Hips to the R
&7, 8 Cross Step L behind R, Cross R over L, Step L to L Side

[49-56] Back Rock, Side Shuffle, Cross Rock, Shuffle ¼ L

1, 2 Rock R Back, Recover Weight onto L

3&4 R Side Shuffle to R Side
5, 6 Cross Rock L Over R
7&8 Shuffle L $\frac{1}{4}$ to the L (6:00)

[57-64] R Step Lock, Step Lock Step, L Rock Recover, L Triple Full Turn (or Coaster Step)

1, 2 Step Forward R, Lock L Behind R
3&4 Step Forward R, Lock L Behind R, Step Forward R
5, 6 Rock L Forward, Recover Weight onto R
7&8 Triple Full Turn over L, Stepping L, R,L (Alternative: Step Left Back, Step R next to L, Step Forward on L)

Tag on Wall 5 at 12.00

Dance up to & including counts 28.... Then substitute with the following Tag

L rock recover, R step touch

1-2 Rock forward on the L and recover weight onto R
3-4 Step L next to R and Touch R next to L

Then Restart the dance

Contact: karendance@hotmail.co.uk
