

# Mama Take Me Home

**COPPER** KNOB  
STEPSHEETS

拍數: 32                      牆數: 4                      級數: Improver  
編舞者: Siara Vigante (LAT) - November 2013  
音樂: Mama Take Me Home - Rednex



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## STEP, SIDE ROCK, ACROSS, BACK LOCK STEP, ¼ TURN LEFT STEP, ¼ TURN STEP, TOUCH BEHIND

1-2&3                      Step R forward, step L to L, step R in place, step L across R  
4&5                        Step R back, step L lock across R, step R back  
6-7-8                     ¼ turn L and step L forward, ¼ turn L and step R to R, point L behind R  
**On count 8 you can click both your fingers to right side**

## SIDE TOE STRUT, ACROSS TOE STRUT, ¼ TURN AND L SHUFFLE FORWARD, STEP, ½ TURN

1-2-3-4                    Touch L toe to L, step heel down, touch R toe across L, step heel down  
**Here you can shimmy your shoulders**

5&6                        ¼ turn L and step L forward, step R beside L, step L forward  
7-8                        Step R forward, ½ turn L and step R in place

## CHARLESTON STEP, SHUFFLE, STEP, ½ TURN AND STEP TOGETHER

1-2-3-4                    Touch R forward, step R back, touch L back, step L forward  
5&6                        Step R forward, step L beside R, step R forward  
7-8                        Step L forward, ½ turn R on Left and step R beside L (here feet are on V position)

## TRAVELING APPLEJACKS RIGHT, TRAVELING APPLEJACKS LEFT

1                         With weight on L heel and ball of R foot, swivel L toe to R and R heel to R  
&                         With weight on R heel and ball of L foot, swivel R toe to R and L heel to R  
2                         With weight on L heel and ball of R foot, swivel L toe to R and R heel to R  
&                         Hold and Clap hands  
3                         With weight on L heel and ball of R foot, swivel L toe to L and R heel to L  
&                         With weight on L ball and heel of R foot, swivel L heel to L and R toe to L  
4                         With weight on L heel and ball of R foot, swivel L toe to L and R heel to L  
&                         Hold and Clap hands  
5-6-7-8                    Step R forward, ¼ turn L and step L in place, step R forward, ¼ turn L and step L in place

## REPEAT

**TAG: After wall 7**

## JAZZ TRIANGLE IN PLACE

1-2-3-4                    Step R across L, step L back, step R to R, step L beside R

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