

Let Me Go

拍數: 72 牆數: 4 級數: Intermediate
編舞者: Chris Jackson (UK) - November 2013
音樂: Let Me Go (feat. Chad Kroeger) - Avril Lavigne : (iTunes)



48-count intro, start on vocals. - 1 Tag.

SECTION 1: LEFT HALF-TURN TWINKLE, RIGHT BACK BASIC, STEP, RONDE, STEP, RONDE

- 1,2,3,4,5,6 Step forward left making a quarter turn left, step right next to left making another quarter turn left, step left next to right, step back right, step left next to right, step right next to left (6.0)
7,8,9,10,11,12 Step forward left, ronde right from back to front over a count of 2, step forward right, ronde left over a count of 2

SECTION 2: LEFT CROSS TWINKLE, CROSS, POINT, BACK, RONDE, BACK, RONDE TURN

- 1,2,3,4,5,6 Cross left over right, rock right to right side, recover on left, cross right over left, point left to left side, hold
7,8,9,10,11,12 Step back left, ronde right from front to back over a count of 2, step back right, ronde left from front to back making a quarter turn to your left over a count of 2 (3.0)

SECTION 3: BEHIND, SIDE, CROSS, ROCK AND CROSS, SIDE, DRAG, HOOK, QUARTER, HALF, HALF

- 1,2,3,4,5,6 Step left behind right, right to right side, cross left over right, rock right to right side, recover on left, cross right over left
7,8,9,10,11,12 Long step left to left side, drag right next to left, hook right over left, step forward right making a quarter turn right, step back on left making a half turn right, step forward right making a half turn right

SECTION 4: STEP, TURN, CROSS, SWAY RIGHT, SWAY LEFT, SWAY RIGHT,

- 1,2,3,4,5,6 Step forward left, pivot a quarter turn right, cross left over right, sway right to right side over a count of 3 (9.0)
7,8,9,10,11,12 Sway left to left side over a count of 3, sway right to right side over a count of 3

SECTION 5: STEP RONDE, RIGHT CROSS TWINKLE, LEFT CROSS TWINKLE, OVER, SIDE, BEHIND

- 1,2,3,4,5,6 Step forward left making a quarter turn left (6.0), ronde right from back to front over a count of 2, cross right over left, rock left to left side, recover on right
7,8,9,10,11,12 Cross left over right, rock right to right side, recover on left, cross right over left, left to left side, right behind left

SECTION 6: LONG STEP LEFT, DRAG, SWAY RIGHT, LEFT THREE-QUARTER TURNING TWINKLE, RIGHT REVERSE HALF-TURNING TWINKLE

- 1,2,3,4,5,6 Long step left to left side, drag right next to left over a count of 2, sway right to right side over a count of 3
7,8,9,10,11,12 Step left forward a quarter turn left, step right next to left making a half turn left, step left next to right, step right back making a quarter turn left, step left next to right making a quarter turn left, step right next to left (3.0)

Tag – End of Wall 5 (3.0): LEFT BASIC FORWARD, RIGHT BASIC BACK

- 1,2,3,4,5,6 Step forward left, step right next to left, step left next to right, step back right, step left next to right, step right next to left

Ending – Wall 10 (starts at 3.0) – Section 2 - Step 7 (9.0): Ronde left from front to back and step left next to right making a three-quarter turn left to face the front over a count of 1.

Contact: floorshakers@btinternet.com

