Long Time Gone

拍數: 32

級數: Beginner

編舞者: Rafel Corbí (ES) - November 2013

音樂: Long Time Gone - Billie Joe Armstrong & Norah Jones : (Album: Foreverly)

Intro 16 counts (word "Me" on "You're cheatin' me..."

GRAPEVINE LEFT WITH BRUSH, TRIPLE LOCK FORWARD WITH BRUSH

- Step L to left, R behind L 1-2
- 3-4 Step L to left, brush R beside L
- 5-6 Step R forward, lock L behind R
- 7-8 Step R forward, brush L beside R

WEAVE TO RIGHT, ROCK RECOVER AND TURN LEFT

- 9-10 Cross L over R, step R to side
- 11-12 Step L behind R, step R to side
- 13-14 Rock L forward, recover weight back to R
- Do a 1/4 turn L and step L forward, hold 15-16

STEP FORWARD, HALF TURN PIVOT, ROCK RECOVER AND BACK

- 17-18 Step R forward, pivot 1/2 turn left
- 19-20 Step R forward, hold
- 21-22 Rock L forward, recover weight back to R
- 23-24 Step L back, sweep R from front to back

BEHIND SIDE CROSS, ROCKING CHAIR

- Cross R behind L, step L to left side 25-26
- 27-28 Cross R over L, hold
- 29-30 Rock L forward, weight back to L
- Rock R backward, weight back to L 31-32

Start again





牆數: 4