

# Story of My Life

**COPPER KNOB**  
STEPSHEETS

拍數: 32                      牆數: 4                      級數: Easy Intermediate  
編舞者: Wanda Heldt (AUS) - November 2013  
音樂: Story of My Life - One Direction



**INTRO.....20 counts - Done once - only**

**Start on words...ct.16 'Written on these walls' dance 4th Walls - on the 5th Wall leave out Last 4 cts. \*\***

## **[1-8] JAZZ BOX IN PLACE, JAZZ BOX with a 1/4 turn Right**

1- 4                      Step Right across Left, Step back on left, Step together Right. Left. [Wt. on L]  
5- 8                      Step Right across Left, Step back on left with a 1/4 turn Right, Step together Right. Left. [Wt. on L] [3:00]

## **[1-8] LOCK STEP, SHUFFLE, 1/4 TURN LEFT LOCK STEP SHUFFLE**

1- 4                      Step forward on Right, Step Left behind Right, Right Shuffle forward R.L.R.  
5- 6                      1/4 turn Left on balls of Right step forward on Left, Step Right behind Left,  
7&8                      Left Shuffle forward L.R.L. [12:00] On the 6th Wall - at 12:00 Start Main Dance.

## **[1-4] 1/2 PIVOT TURN LEFT, 1/4 PIVOT TURN LEFT**

1-4                      Step forward on Right 1/2 turn Left, Step forward on Right 1/4 turn Left [Keeping your weight on Left]

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**MAIN DANCE\*\* starts at [12:00] on MAIN vocal on the words [Story of My Life]**

## **[1-8] SHUFFLE 1/2 TURN R.L.R, ROCK BACK, RECOVER, SHUFFLE 1/2 TURN L.R.L, ROCK BACK, RECOVER**

1&2                      1/2 turn Left as you Shuffle back R.L.R.  
3-4                      Rock back on Left, Recover on Right.  
5&6                      1/2 turn Right as you Shuffle back L.R.L.  
7-8                      Rock back on Right, Recover on Left.

## **[1-8] RIGHT TOE STRUTS, LEFT TOE STRUTS, ROCK BACK, RECOVER, STEP, HOLD**

1- 2                      Right toe forward, drop heel onto floor placing weight onto Right foot.  
3- 4                      Left toe forward, drop heel onto floor placing weight onto Left foot.  
5- 8                      Rock back on Right, Recover on Left, Step Right next to Left, Hold. [Wt. on L]

## **[1-8] 2 X 1/2 MONTEREY TURNS**

1- 2                      Touch Right toe to Right side, on ball of left foot 1/2 turn Right and step on Right.  
3- 4                      Touch Left toe out to Left side, Step Left next to Right. [6:00]  
5- 6                      Touch Right toe to Right side, on ball of left foot 1/2 turn Right and step on Right.  
7- 8                      Touch Left toe out to Left side, Step Left next to Right. [12:00]

## **[1-8] KICK BALL CHANGE, WEAWE LEFT with a 1/4 TURN, RIGHT KICK BALL CHANGE**

1&2                      Kick Right foot forward, Step onto ball of Right next to Left and lift Left foot slightly off the floor,

**Replace weight on Left.**

3- 6                      Step Right across Left, Step on Left, Step Right behind left, 1/4 Turn Left as you Step forward on Left. [9:00]

7&8                      Kick Right foot forward, Step onto ball of Right next to Left and lift Left foot slightly off the floor,

**Replace weight on Left.**

**Restart...Main dance**

HAVE FUN IN LIFE AND IN DANCE

Contact - E-mail: [silverstarwa@gmail.com](mailto:silverstarwa@gmail.com) / 0403 636 163 / Website: [www.silverstarw.com.au](http://www.silverstarw.com.au)

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