

# Beautiful Me

COPPERKNOB  
BY STEPHEN

拍數: 32                      牆數: 4                      級數: Intermediate  
編舞者: Francien Sittrop (NL) - November 2013  
音樂: Little Me - Little Mix : (Album: Salute - Deluxe Edition 2013)



**Intro: Start after 16 counts**

**[1 – 9] Side, Behind Side, Rocking Chair (diagonally R), ¼ L, TripleTurn L, Step fwd, ¼ R, Cross**

1-2&                      Step R to R side , Step L behind R, Step R to R side  
3&4&                      Rock L across R, Recover on R, Rock L back, Recover on R  
5                              ¼ Turn L step L fwd (09.00)  
6 & 7                      ½ Turn L step R back, ½ Turn Back step L fwd, Step R fwd  
8 & 1                      Step L fwd, ¼ Turn R, Step L across R (12.00)

**[10-17] ½ Turn L, Vine L, ¼ Turn R, Together , Fwd, Full Turn L**

2&3&                      ¼ Turn L step R back, ¼ Turn L step L step to L side, Step R across L, Step L to L side (06.00)  
4 & 5                      Step R behind L, Step L to L side, Step R across L  
6 & 7                      ¼ Turn R step L back, Step R next to L, Step L fwd (09.00)  
8 & 1                      ¼ Turn L step R back, ½ Turn L step L fwd, ¼ Turn L step R to R side (09.00)

**[18-25] Rock, Recover, Side, Rock Recover, ¼ Turn L , Rock Recover, Step, Lock, Mambo, Step back, Sweep**

2 & 3                      Rock L back, Recover on R, Step L to L side  
4 & 5                      Rock R back, Recover on L, ¼ Turn L step R to R side (06.00)  
6 &                              Rock L back, Recover on L  
7 &                              Step L fwd. Lock R behind L  
8 & 1                      Rock L fwd, Recover on R, Step L back and sweep R to the back

**[26-32] Step Back Sweep x2, Sailor ¼ Turn R, Rock Recover , ½ Turn L, ½ Turn L, Touch Twice**

2 – 3                      Step R back and sweep L to the back, Step L back and sweep R to the back  
4 & 5                      Sweep R behind L with ¼ Turn R, Step L to L side, Step R fwd (09.00)  
6 & 7                      Rock L fwd, Recover on R, ½ Turn L step L fwd and sweep R fwd and make another Turn L (09.00)  
8 &                              Touch R twice next to L

**Restarts during walls 2 & 5:**

**After count 17(8&1) . Count 17 will be count 1 in the new wall**

**Tag after wall 3:**

**Basic NC steps R & L**

1-2&                      Step R to R side, Rock L behind R, Recover on R  
3-4&                      Step L to L side, Rock R behind L, Recover on L

**Start again with count 1**

**Ending: Last Wall ends on the back wall. Then Cross R over L and make a ½ Turn L to the front wall and step R to R side and Pose**

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**Last Update - 21st Feb 2014**