

Red

拍數: 64 牆數: 4 級數: Improver
編舞者: Diana Bates (USA) & Kathy Verkamp (USA) - November 2013
音樂: Red - Taylor Swift



16-count intro, No tags or restarts

Double shoop R, step touch left and right

1-4 Step right, step together, step right, touch left next to right, pushing with both hands
5-8 Step left, touch right, step right, touch left, clapping on touches.

Double shoop L, step touch right and left

1-4 Step left, step together, step left, touch right next to left, pushing with hands.
5-8 Step right, touch left, step left, touch right, clapping on touches.

Kick ball change, Heel Swivel, kick ball change, swivel.

1&2 Kick R, step R to center, touch ball of left in front
3, 4 On the balls of both feet, swivel heels L and back to center taking weight to L
5&6 Kick right, step R to center, touch ball of L in front
7, 8 On the balls of both feet, swivel heels L and back to center taking weight to L

2 quarter turn Jazz boxes

1,2,3,4 Right foot over, left foot back, turn 1/4 to right R to R side, L foot together
5,6,7,8 Repeat 1-4

Gallop, 3/4 walk circle left, gallop, 1/2 circle walk to right (figure 8)

1&2&3&4 Gallop forward R, L,R,L,R,L,R
5, 6, 7, 8 Walk in a circle making a 3/4 turn to the left, stepping L first. – L,R,L,R
1&2&3&4 Gallop forward L, R, L, R, L, R,L
5, 6, 7, 8 Walk in 1/2 circle to the right – R, L, R, L

Kick ball change, Heel swivel, kick ball change, Heel swivel.

1&2 Kick R, step R to center, touch ball of left in front
3, 4 On the balls of both feet, swivel heels L and back to center taking weight to L
5&6 Kick right, step R to center, touch ball of L in front
7, 8 On the balls of both feet, swivel heels L and back to center taking weight to L

Rocking Chair, triple step forward right and left

1, 2, 3, 4 Rock forward R, Recover to L, Rock back R, Recover to L
5&6 Step R forward, step L together, Step R forward
7&8 Step L forward, step R together, Step L forward

Ending: Gallop at the 12 o'clock wall, walk left around 4 counts back to the front, touch right to left.

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