

Always Alone

COPPER KNOB
BY SHEETS

拍數: 48 牆數: 4 級數: Intermediate waltz
編舞者: Niels Poulsen (DK) - September 2013
音樂: Always Alone - Clark Anderson : (avail.. www.starzik.com)



2 Restarts: -

1: After 12 counts on wall 4 which starts facing 3:00. You're now facing 12:00 ??

2: After 6 counts on wall 7 which starts facing 6:00. You're now facing 12:00

1 Tag: Easy 9 count Tag after wall 8, facing 10:30

Intro: 24 count intro (app. 13 seconds). Start with weight on R foot

Note! Because of the 3 Restarts you never dance all 4 walls.

You will be starting wall 4 but this wall has a Restart after 12 counts. So, in a way you could say it's a 3 wall dance

[1 – 6] L Twinkle, R twinkle ½ R

1 – 3 Cross L over R towards R diagonal (1), step R to R diagonal (2), step L to L diagonal (3) 10:30

4 – 6 Cross R over L (4), turn ¼ R stepping back on L (5), turn ¼ R stepping R to R side (6) ... Restart here on wall 7 (facing 12:00) 6:00

[7 – 12] L Twinkle, R twinkle ¼ R

1 – 3 Cross L over R (1), step R to R diagonal (2), step L to L diagonal (3) 6:00

4 – 6 Cross R over L (4), turn ¼ R stepping back on L (5), step R to R side (6) ... Restart here on wall 4 (facing 12:00) 9:00

[13 – 18] L cross rock side, R cross rock side

1 – 3 Cross rock L over R (1), recover on R (2), step L to L side (3) 9:00

4 – 6 Cross rock R over L (4), recover on L (5), step R to R side (6) 9:00

[19 – 24] Fwd L, sweep R ½ L, run curvy ½ L

1 – 3 Step fwd on L (1), start turning ½ L on L but sweeping R fwd (2), finish ½ L (3) 3:00

4 – 6 Start a curvy ½ L stepping R fwd (4), continue turning stepping L fwd (5), finish ½ L stepping R fwd (6) ... Styling note: try to make it a smooth curvy turn 9:00

[25 – 30] L mambo fwd, run back R L R

1 – 3 Rock fwd on L (1), recover back on R (2), step back on L (3) 9:00

4 – 6 Step R back (4), step L back (5), step R back (6) Styling: turn upper body slightly R to prepare for the L turn coming next ?? 9:00

[31 – 36] ¼ L side step, drag together, R rolling vine

1 – 3 Turn ¼ L stepping L a big step to L side (1), drag R towards L (2), drag R next to L (3) 6:00

4 – 6 Turn ¼ R stepping fwd on R (4), turn ½ R stepping back on L (5), turn ¼ R stepping R to R side (6) 6:00

[37 – 42] L Twinkle, R twinkle ¼ R

1 – 3 Cross L over R (1), step R to R diagonal (2), step L to L diagonal (3) 6:00

4 – 6 Cross R over L (4), turn ¼ R stepping back on L (5), step R to R side (6) 9:00

[43 – 48] Diagonal R with L, slow R kick, R basic back

1 – 3 Turn 1/8 R stepping L diagonally fwd R (1), start kicking R fwd (2), finish your R kick (3) 10:30

4 – 6 Step back on R (4), step L next to R (5), change weight to R (6) 10:30

Begin again!...

Tag: Complete wall 8 which starts facing 1:30. You're now facing 10:30. Do the following 9 count Tag which will take you to your home wall again:

Diagonal R with L, slow R kick, R basic back, $\frac{3}{4}$ pencil turn L

Do the last 6 counts of the dance again (counts 43–48), then step L fwd (7), start turning $\frac{3}{4}$ L on L touching R next to L (8), complete $\frac{3}{4}$ turn stepping down on R (9).

Restart dance! 1:30

Ending Do up to count 30 of wall 11 (starts facing 10:30). You've just done your 3 run steps back (facing 6:00). Rather than turning $\frac{1}{4}$ L you now turn a $\frac{1}{2}$ L sweeping R slowly fwd.

Contact: niels@love-to-dance.dk - www.love-to-dance.dk
