

# Pink & Black & Blue

**COPPER** KNOB  
STEPSHEETS

拍數: 64      牆數: 4      級數: Improver  
編舞者: Beate Keller (DE) - October 2013  
音樂: Bruises - Chairlift



**Start: 64 counts intro, on the vocals**

**(1-8) WALK FWD, HOLD, WALK FWD, HOLD, STEP SIDE R, STEP TOGETHER, WALK BACK, HOLD (S S Q Q S)**

1 2 3 4      RF walk fwd, hold, LF walk fwd, hold  
5 6      RF step side right, LF step together (weight)  
7 8      RF walk back, hold

**(9-16) WALK BACK, HOLD, WALK BACK, HOLD, STEP SIDE L, STEP TOGETHER, WALK FWD, HOLD (S S Q Q S)**

1 2 3 4      LF walk back, hold, RF walk back, hold  
5 6      LF step side left, RF step together (weight)  
7 8      LF walk fwd, hold

**(17-24) STEP ½ TURN L, HOLD, RECOVER, HOLD, STEP SIDE R ¼ TURN L, STEP TOGETHER, STEP SIDE R, HOLD (S S Q Q S)**

1 2 3 4      RF step fwd ½ turn left, hold, LF recover, hold  
5 6      RF ¼ turn left and step side right (3:00), LF step together  
7 8      RF step side right, hold

**(25-32) ¾ TURN R, HOLD, RECOVER, HOLD, STEP SIDE L ¼ TURN R, STEP TOGETHER, STEP SIDE L, HOLD (S S Q Q S)**

1 2 3 4      LF cross in front over RF and ¾ turn right, hold, RF recover, hold  
5 6      LF ¼ turn right and step side left (3:00), RF step together (weight)  
7 8      LF step side left, hold

**(33-40) ROCK STEP, HOLD, RECOVER, HOLD, STEP BACK, STEP BESIDE, STEP FWD, HOLD (S S Q Q S)**

1 2 3 4      RF rock step fwd, hold, LF recover, hold  
5 6      RF step back, LF step next to RF  
7 8      RF step fwd, hold

**(41-48) SIDE ROCK, HOLD, RECOVER, HOLD, FULL TURN R (CROSS STEP, RECOVER), STEP BESIDE, HOLD (S S Q Q S)**

1 2 3 4      LF rock side left, hold, RF recover, hold  
5 6      LF cross in front over RF and ¼ turn right, RF ¾ turn right and recover (3:00)  
7 8      LF step beside RF, hold (weight)

**(49-56) STEP SIDE R, HOLD, STEP TOGETHER, HOLD, RUN FWD, RUN FWD, POINT SIDE R, HOLD (S S Q Q S)**

1 2 3 4      RF step side right, hold, LF step together, hold (weight)  
5 6      RF small step fwd, LF small step fwd  
7 8      RF point to right side, hold

**(57-64) STEP BEHIND, HOLD, POINT SIDE L, HOLD, STEP SIDE L ½ TURN L, STEP BESIDE, STEP FWD, HOLD (S S Q Q S)**

1 2 3 4      RF step behind LF, hold, LF point to left side, hold  
5 6      LF ½ turn left and step side left, RF step beside LF (9:00)

7 8

LF step fwd, hold

**Start again**

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