

Lucky You

拍數: 48 牆數: 2 級數: Easy Intermediate
編舞者: Ami Carter (UK) - November 2013
音樂: Lucky You - The JaneDear Girls : (Album: The JaneDear Girls)



32 Count Intro

[1 – 8] R SYNCOPATED WEAVE, BACK ROCK, RECOVER, ¾ ROLLING TURN

1 Step right foot to right side
2&3 Step left foot behind right, step right foot slightly to right side, cross left foot over right
4 Step right foot to right side
5 6 Rock left foot back behind right, recover weight forward onto right foot
7 8 Make ¼ turn right stepping left foot back, make ½ turn right stepping right foot forward (9.00)

[9 – 16] L DOROTHY STEP, R DOROTHY STEP, L HEEL TOUCH x2, R HEEL TOUCH x2

1 2& Step left foot to left diagonal, lock right foot behind left, step left foot to left diagonal
3 4& Step right foot to right diagonal, lock left foot behind right, step right foot to right diagonal
5 6& Touch left heel forward twice, step left foot next to right
7 8 Touch right heel forward twice

[17 – 24] BALL-ROCK, RECOVER, ½ SHUFFLE, ROCK, RECOVER, COASTER-CROSS

&1 2 Step ball of right foot next to left, rock left foot forward, recover weight back onto right foot
3&4 Make ½ turn left stepping left, right, left (3.00)
5 6 Rock right foot forward, recover weight back onto left foot
7&8 Step right foot back, step left foot next to right, cross right foot over left

[25 – 32] L SIDE, BEHIND & HEEL & CROSS, ¼, SIDE, CROSSING SHUFFLE

1 Step left foot to left side
2&3 Cross right foot behind left, step left foot slightly to left side, touch right heel to right diagonal
&4 Step right foot next to left, cross left foot over right
5 6 Make ¼ turn stepping right foot back, step left foot to left side (12.00)
7&8 Cross right foot over left, step left foot slightly to left side, cross right foot over left

[33 – 40] L STEP, TOUCH, KICK-BALL-CROSS, R STEP, TOUCH, KICK-BALL-CROSS

1 2 Step left foot to left side, touch right toe next to left
3&4 Kick right foot to right diagonal, step ball of right foot next to left, cross left foot over right
5 6 Step right foot to right side, touch left toe next to right
7&8 Kick left foot to left diagonal, step ball of right foot next to left, cross right foot over left

[41 – 48] L SIDE ROCK, RECOVER, SAILOR STEP x2, L BEHIND-UNWIND

1 2 Rock left foot to left side, recover weight onto right foot
3&4 Cross left foot behind right, step right foot to right side, step left foot to left side
5&6 Cross right foot behind left, step left foot to left side, step right foot to right side
7 8 Touch left toe behind right, unwind ½ turn to left shifting weight forward onto left foot (6.00)

TAG: End of Walls 1, 3 & 5 (facing 6.00)

1 – 4 JAZZ BOX
1 – 4 Cross right foot over left, step left foot back, step right foot to right side, cross left foot over right

For any queries regarding this dance contact: -
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