

Beautiful You Are

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Brenda Shatto (USA) - November 2013
音樂: Beautiful U R - Deborah Cox : (Single)



Notes: Restart on wall 10 (9:00) after count 24 (facing 3:00).

To make this dance accessible for beginner classes, teachers may choose to ignore the Restart or fade the music prior to the Restart.

Start facing 12:00 with weight on left - Intro: 16 counts (15 seconds into track)

[1-8] WALK, WALK, COASTER STEP, BACK, BACK, OUT, OUT, OUT

1-2 Walk forward right (1) walk forward left (2) 12:00
3&4 Step forward right (3), step left next to right (&), step back on right (4) 12:00
5-6 Walk back left (5), walk back right (6) 12:00
7&8 Step left back and out to left (7), step right out to right (7), step left in place (8) 12:00

[9-16] RIGHT SAILOR STEP, BEHIND, SIDE, CROSS, SIDE (WEAVE), LEFT SAILOR STEP

1&2 Cross right behind left (1), step left to left side (&), step right to right side (2) 12:00
3-4 Step left behind right (3), step right to right side (4) 12:00
5-6 Step left across right (5), step right to right side (6) 12:00
7&8 Cross left behind right (7), step right to right side (&), step left to left side (8)

Angle body slightly to left diagonal on count 8 to be ready for the next step. 12:00

[17-24] CROSS, SIDE, BEHIND, SIDE (WEAVE), 1/4 PIVOT, 1/4 PIVOT

1-2 Cross right over left (1), step left to left side (2), 12:00
3-4 Cross right behind left (3), step left to left side (4) 12:00
5-6 Step right forward on ball of foot (5), turn ¼ left recovering to left (6) 9:00
7-8 Step right forward on ball of foot (7), turn ¼ left recovering to left (8)

*** Restart on wall 10 6:00**

[25-32] STEP SWEEP, STEP SWEEP, JAZZ BOX ¼ TURN

1-2 Step forward right (1), sweep left foot from back to front (2) 6:00
3-4 Step forward left (3), sweep right foot from back to front (4) 6:00
5-6 Cross right over left (5), step L back (6), 6:00
7-8 Turn ¼ right and step R slightly forward (7), step forward left (8) 9:00

This step sheet may not be altered without the written permission of the choreographer.

Contact choreographer at brenshatto@yahoo.com

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