Together And Easy



拍數: 56 編數: 1 級數: Phrased Easy Intermediate

編舞者: Forty Arroyo (USA) - November 2013 音樂: Come Together - Michael Jackson



(Inspired by the Int/Adv "Come Together" by Debbie McLaughlin)

Starts on vocals - sequence: A B(16), A, B, A, B(16), A, B(8), A, B, A, A, A(16..end)

Part - A: 32 counts

SIDE, CLOSE, SCISSOR STEP, SIDE, CLOSE, SCISSOR STEP

1,2 Step R to side, Step L next to R

3&4 Step R to side – slightly forward – right diagonal, Step L next to R, Cross R over L

5,6 Step L to side, Step R next to L

7&8 Step L to side – slightly forward – left diagonal, Step R next to L, Cross L over R

SHUFFLE BACK, ROCK - REPEAT

1&2 (traveling back, right diagonal) Step back on R, Step L next to R, Step back on R

3&4 Rock hips L, R, L – weight on L (squaring off to 12:00)

5&6 (traveling back, right diagonal) Step back on R, Step L next to R, Step back on R

7&8 Rock hips L, R, L – weight on L (squaring off to 12:00)

STEP, PRESS, CROSS, PRESS, JAZZ BOX

1-4 Step forward on R, Press ball of L to side, Step L in front of R, Press ball or R to side

5-8 Cross R over L, Step back on L, Step R to side, Step forward on L

TOE TOUCHES & HITCH

1&2& Touch R to side, Touch R next to L, Touch R to side, Step R next to L
3&4& Touch L to side, Touch L next to R, Touch L to side, Step L next to R
5&6& Touch R to side, Step R next to L, Touch L to side, Step L next to R

7&8 Touch R out to side, Drag R next to L, Hitch R

PART – B: 24 counts (dance sequence: A B(16), A, B, A, B(16), A, B(8), A, B, A, A, A)

WALK, WALK, R MAMBO, TOE TOUCHES, STEP SIDE, TOUCH

1-2, 3&4 Walk forward R, L (1,2), Rock R to side(3), Step L in place(&), Step R next to L(4)

5&6& Touch L out to side(5), Touch L next to R(&), Touch L out to side(6), Touch L next to R(&)

7,8 Step L to side, Slide and touch R next to L

Note: The 4th time you do part B - only do the first 8 counts

SHUFFLE FWD, STEP, PIVOT ½, SHUFFLE FWD, STEP, PIVOT ½

1&2 Step forward on R, Step L next to R, Step forward on R

3,4 Step forward on L, Pivot ½ to right - weight on R

5&6 Step forward on L, Step R next to L, Step forward on L

7,8 Step forward on R, Pivot ½ L – weight on L

Note: 1st and 3rd time you do part B – only do the first 16 counts

CHASSE' R, SWAY, CHASSE' L, SWAY

1&2 Step R to side, Step L next to R, Step R to side

3,4 Sway Hips to L, Sway hips to R

5&6 Step L to Side, Step R next to L, Step L to side

7,8 Sway hips to R, Sway hips to L

Note: Do all of B the 2nd and 5th time (last)

