

Back 2 Basics (P)

COPPER KNOB
STEPPERS

拍數: 32 牆數: 0 級數: Beginner Partner
編舞者: Greg Van Zilen (USA) & Samantha Van Zilen (USA) - March 2010
音樂: Hey, Soul Sister - Train



Step description by Outta Line Country Dance Instruction

Beginner Partner Dance / Same footwork

Starting position: Side by Side

Charleston, Right shuffle forward, Left shuffle forward

- 1,2 Touch right toe forward; step right foot back.
- 3,4 Touch left toe back; step left foot forward.
- 5&6 Step right foot forward, step left foot next to right, step right foot forward.
- 7&8 Step left foot forward, step right foot next to left, step left foot forward.

Step right, ½ turn left, Step right, ½ turn left, Right shuffle forward, Left shuffle forward

- 9,10 Step right foot forward; ½ turn left, transferring weight to left foot.
- 11,12 Step right foot forward; ½ turn left, transferring weight to left foot.
- 13&14 Step right foot forward, step left foot next to right, step right foot forward.
- 15&16 Step left foot forward, step right foot next to left, step left foot forward.

On count 9 release right and raise left hands keeping left hands raised during turns.

On count 12 lower left hands and rejoin right to side by side position.

Jazz Box, Right shuffle forward, Left shuffle forward

- 17,18 Cross right foot over left; step left foot back.
- 19,20 Step right foot to side; step left foot forward.
- 21&22 Step right foot forward, step left foot next to right, step right foot forward.
- 23&24 Step left foot forward, step right foot next to left, step left foot forward.

Rocking Chair, Right shuffle forward, Left shuffle forward

- 25,26 Step right foot forward; replace weight onto left foot.
- 27,28 Step right foot back; replace weight onto left foot.
- 29&30 Step right foot forward, step left foot next to right, step right foot forward.
- 31&32 Step left foot forward, step right foot next to left, step left foot forward.

Contact: Greg & Samantha Van Zilen (860) 537-5849 outtalinedj@aol.com
