

# Back To Basics

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Greg Van Zilen (USA) & Samantha Van Zilen (USA) - March 2010  
音樂: Hey, Soul Sister - Train



## Step description by Outta Line Country Dance Instruction

### Charleston, Right shuffle forward, Left shuffle forward

- 1,2      Touch right toe forward; step right foot back.
- 3,4      Touch left toe back; step left foot forward.
- 5&6      Step right foot forward, step left foot next to right, step right foot forward.
- 7&8      Step left foot forward, step right foot next to left, step left foot forward.

### Step right, ¼ turn left, Step right, ¼ turn left, Right shuffle forward, Left shuffle forward

- 9,10      Step right foot forward; ¼ turn left, transferring weight to left foot.
- 11,12      Step right foot forward; ¼ turn left, transferring weight to left foot.
- 13&14      Step right foot forward, step left foot next to right, step right foot forward.
- 15&16      Step left foot forward, step right foot next to left, step left foot forward.

### Box with ¼ turn right, Right shuffle forward, Left shuffle forward

- 17,18      Cross right foot over left; step left foot back.
- 19,20      Step ¼ turn right stepping right foot forward; step left foot forward.
- 21&22      Step right foot forward, step left foot next to right, step right foot forward.
- 23&24      Step left foot forward, step right foot next to left, step left foot forward.

### Right side rock with ¼ turn left, Right side rock with ¼ turn left, Right shuffle forward, Left shuffle forward

- 25,26      Step right foot to side; ¼ turn left replacing weight onto left foot.
- 27,28      Step right foot to side; ¼ turn left replacing weight onto left foot.
- 29&30      Step right foot forward, step left foot next to right, step right foot forward.
- 31&32      Step left foot forward, step right foot next to left, step left foot forward.

Contact: Greg & Samantha Van Zilen (860) 537-5849 [outtalinedj@aol.com](mailto:outtalinedj@aol.com)