

Sugar

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Easy Beginner
編舞者: Gail Smith (USA) - November 2013
音樂: Sugar - The JaneDear Girls : (Album: Jane Dear)



INTRO: 16 Counts, Begin on Vocals

ROCKING CHAIR, 1/4 TURN, 1/4 TURN

1 - 2 Rock R fwd, recover onto L
3 - 4 Rock R back, recover onto R
5 - 6 Step R fwd, pivot 1/4 turn L (weight to L)
7 - 8 Step R fwd, pivot 1/4 turn L (weight to L) 6:00

SIDE STEPS AND TOUCHES

1 - 2 Big step with R out to side, touch L toes next to R foot
3 - 4 Touch L toes out to side, touch L toes next to R foot
5 - 6 Big step with L out to side, touch R toes next to L foot
7 - 8 Touch R toes out to side, touch R toes next to L foot 6:00

FWD, STOMP, FWD, STOMP, HEEL SWIVELS (The Twist)

1 - 2 Step R fwd, stomp L next to R foot
3 - 4 Step R fwd, stomp L next to R foot
5 - 8 Swivel heels L, R, L, R (body is angled slightly L) 6:00

1/4 TURN JAZZ BOX w / TOE STRUTS (finger snaps or claps)

1 - 2 Step R toes across L, step R heel down & snap or clap
3 - 4 Step L toes back, step L heel down & snap or clap
5 - 6 1/4 turn R and step R toes to side, step heel down & snap or clap
7 - 8 Step L toes fwd, step L heel down & snap fingers or clap 9:00

REPEAT

***** Jazz box variation - Steps with holds and finger snaps or claps

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