

# My Lady Soul

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Karl-Harry Winson (UK) - January 2009  
音樂: Lady Soul - The Temptations



Intro: 64 Count intro, 114 BPM, Start on main Vocals, Album: Discoveries, also available on iTunes

## Step Lock. Step Lock-Step. Forward rock. Shuffle 1/2 Turn.

1-2            Step forward on the Left. Lock Right behind Left.  
3&4           Step forward on the Left. Lock Right behind Left. Step forward on the Left.  
5-6           Rock forward on the Right. Recover weight back on the Left.  
7&8           Shuffle 1/2 Turn Right stepping: Right, Left, Right.

## Cross-Back. Hips Sway x2. Cross Rock. Hip Sway x2

1-2            Cross Left over the Right. Step back on the Right.  
3-4            Step Left to Left side and sway hips Left. Sway hips Right.  
5-6            Cross rock Left over Right. Recover weight back onto the Right.  
7-8            Step Left to Left side and sway hips Left. Sway hips Right.

## Cross Rock. Left Chasse. Cross rock. Right Shuffle 1/4 Turn.

1-2            Cross rock Left over Right. Recover weight back on the Right.  
3&4            Step Left to Left side. Close Right beside Left. Step Left to Left side.  
5-6            Cross rock Right over Left. Recover weight back onto the Left.  
7&8            Step Right to Right side. Close Left next to Right. Make 1/4 Right stepping forward on Right

**\*Restart here on during wall 5 facing 9 O'clock**

## Step. Pivot 1/2 Turn. Shuffle 1/2 Turn. Back Rock. Right Kickball-Touch.

1-2            Step Left forward. Pivot 1/2 turn Right.  
3&4            Shuffle 1/2 Turn Right stepping: Left, Right, Left.  
5-6            Rock back on the Right. Recover weight forward on the Left.  
7&8            Kick Right foot forward. Step Right next to Left. Touch Left toe next to Right.

**Start Again!**

**\*Restart: On wall 5, after section 3 restart the dance again. You will be facing 9 O'clock.**

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