

# Forever and Ever

COPPER KNOB  
STEPPERS

拍數: 56      牆數: 4      級數: Intermediate  
編舞者: Kate Henry (CAN) - October 2013  
音樂: Forever and Ever - Royal Wood



Intro: 16 counts

## Walk 2x; Shuffle; Rock Step; ½ Shuffle

1-2            Step forward R (1); step forward L (2)  
3&4            Step R forward (3), step L beside R (&), step R forward (4)  
5-6            Step forward L (5); step R in place (6)  
7&8            ¼ turn L, step L side L (7); step R beside L (&); ¼ turn L step on L (8)

## Walk 2x; Shuffle; Rock Step; ¼ Shuffle

1-2            Step forward R (1); step forward L (2)  
3&4            Step R forward (3), step L beside R (&), step R forward (4)  
5-6            Step L forward (5), step R in place (6)  
7&8            ¼ turn L, step L side L (7); step R beside L (&); step L side L (8)

## Cross Box; Shuffle; Weave; Sailor

1-2            Cross R over L (1), step back L (2)  
3&4            Step R side R (3), step L beside R (&), step R side R (4)  
5-6            Cross L over R (5); step R to side (6)  
7&8            Step L behind R (7); step R beside L (&); step L side L (8)

## Weave; ¼ Sailor; Rock Step; Coaster

1-2            Cross R over L (1); step L to side (2)  
3&4            Step R behind L (3); ¼ turn R, step L beside R (&); step R fwd (4)  
5-6            Step L forward (5), step R in place (6)  
7&8            Step back on L (7), step R beside L (&), step forward on L (8)

## Point 3x, Step, Rock Step; ½ Shuffle

1&2&          Point R side R (1); step R beside L (&); point L side L (2); step L beside R (&)  
3-4            Point R side R (3); step forward R (4)  
5-6            Step L forward (5), step R in place (6)  
7&8            ¼ turn L, step L side L (7); step R beside L (&); ¼ turn L step on L (8)

## Point 3x, Step, Rock Step; ¼ Shuffle

1&2&          Point R side R (1); step R beside L (&); point L side L (2); step L beside R (&)  
3&4            Point R side R (3); step forward R (4)  
5-6            Step L forward (5), step R in place (6)  
7&8            ¼ turn L, step L side L (7); step R beside L (&); step L side L (8)

(\*Restart Walls 2 & 4)

## Weave, Heel Jack; Weave; Heel Jack

1-2            Cross R over L (1); step L side L (2)  
3&4&          Step R behind L (3); step L back (&); touch R forward (2); step R back (&)  
5-6            Cross L over R (5); step R side R (6)  
7&8&          Step L behind R (7); step R back (&); touch L forward (8); step L back (&)

\*Restart: Walls 2&4 - Do first 48 counts and start again

Have fun

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