

Bandera (P)

拍數: 48 牆數: 0 級數: Improver - Partner Circle waltz
編舞者: DJ Dan (NL) & Winnie (NL) - October 2013
音樂: Bandera - Mona McCall : (CD: Memories love a melody)



Start position: face to face, man LOD, lady RLOD, same steps except 13-15 en 37-39.
Intro: 24 counts.

[1-6] TWINKLE L & R

Left palms together.

1-3 Cross Left over Right. Step Right to right side. Step Left in place.

Right palms together.

4-6 Cross Right over Left. Step Left to Left side. Step Right in place.

[7-12] TWINKLE L & R

Left palms together.

1-3 Cross Left over Right. Step Right to right side. Step Left in place.

Right palms together.

4-6 Cross Right over Left. Step Left to Left side. Step Right in place.

[13-18] (Lady) 1/2 TURN L (Man) WALTZ BACK L. Both WALTZ BACK.

Holding Right hands.

1-3 L Step Left forward 1/4 turn left. Make 1/4 turn left step Right back. Step Left next to Right.

1-3 M Step Left back. Step Right next to Left. Step Left in place.

Man left hand pick up lady left hand into Right side by side. Facing LOD

4-6 Step Right back. Step Left next to Right. Step Right in place.

[19-24] DIAG. STEPS FWD, PIVOT 1/4, DIAG. STEPS FWD, STRAIGHTEN UP

1-2 Make 1/8 turn right step Left forward on right diagonal. Step Right forward on right diagonal.

3 Pivot 1/4 turn left facing left diagonal

4-6 Step Right forward on left diagonal. Step Left forward on left diagonal. Pivot 1/8 turn right
LOD

[25-30] FULL FORWARD TURN

1 Step Left forward 1/4 turn left.

Let go left hands, right hands over head lady.

2-3 Make 1/4 turn left step Right back. Step Left next to Right.

Rejoin left hands, let go right hands, left hands over head lady,

4-6 Step Right back 1/4 turn left. Make 1/4 turn left step Left forward. Step Right next to Left. [3]

Rejoin right hands into Right side by side LOD

[31-36] WALTZ FWD, WALTZ BACK

1-3 Step Left forward. Step Right next to Left. Step Left in place.

4-6 Step Right back. Step Left next to Right. Step Right in place.

[37-42] (Lady) 1/2 TURN L, (Man) WALTZ FWD, Both WALTZ BACK

1-3 L Step Left forward on left diagonal 1/4 turn left.

Right hands over head lady.

2-3 L Make 1/4 turn left step Right back. Step Left next to Right.

1-3 M Small step Left forward. Step Right next to Left. Step Left in place.

Facing each other, change hands into Open double hand. Man LOD lady RLOD

4-6 Step Right back. Step Left next to Right. Step Right in place.

[43-48] STEP FWD, POINT, HOLD, STEP BACK, POINT, HOLD.

1-3 Step Left forward. Point Right to right side. Hold.

4-6 Step Right back. Point Left to left side. Hold.

Let go hands, begin again.

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