

# Beautiful Inside

**COPPER KNOB**  
STEPSHEETS

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Roz Chaplin (UK) & Lorna Mursell (UK) - November 2013  
音樂: Beautiful (feat. Sophie Ellis Bextor) (Radio Edit) - Mathieu Bouthier



## 32 Count Intro: Start on Cos I Need

### WALK, WALK, CROSS SHUFFLE, HINGE ½ TURN, SHUFFLE FORWARD

1-2      Walk forward right, walk forward left  
3&4      Cross right over left, step left to left side, cross right over left  
5-6      Turn ¼ right stepping back on left, turn ¼ right stepping right to right side (6)  
7&8      Step forward on left, close right beside left, step forward on left

### FORWARD ROCK, COASTER STEP, SIDE, TOGETHER, FORWARD SHUFFLE

1-2      Rock forward on right, recover on to left  
3&4      Step right back, step left beside right, step right forward  
5-6      Step left to left side, close right beside left  
7&8      Step forward left, close right beside left, step forward left

### FORWARD ROCK, SHUFFLE ½ TURN, SIDE, ROCK, CROSS SHUFFLE

1-2      Rock forward on right, recover on to left  
3&4      Shuffle ½ turn right stepping right, left, right (12)  
5-6      Rock left to left side, recover on to right  
7&8      Cross left over right, step right to right side, cross left over right

### STEP, LOCK, STEP, LOCK, STEP, CROSS ROCK, SAILOR ¼ TURN

1-2      Step forward on right, lock left behind right  
3&4      Step forward on right, lock left behind right, step forward on right  
5-6      Cross rock left over right, recover onto right  
7&8      Cross left behind right making ¼ turn left, step right to right side, step left beside right (9)

## Restart Here On Walls 1 & 3

### SWAY, SWAY, RIGHT CHASSE, STEP, HITCH, COASTER BACK

1-2      Sway hips to right stepping onto right, sway hips to left stepping on to left  
3&4      Step right to right side, close left beside right, step right to right side  
5-6      Step forward on left, hitch right knee  
7&8      Step back on right, step left beside right, step right forward

### WALK FORWARD, SCISSOR STEP, WALK FORWARD, SCISSOR STEP

1-2      Walk forward left, walk forward right,  
3&4      Rock left to left side, recover on to right, cross left over right  
5-6      Walk forward right, walk forward left  
7&8      Rock right to right side, recover on to left, cross right over left

### SIDE, TOGETHER, ¼ SHUFFLE TURN, SIDE, TOGETHER, COASTER STEP

1-2      Step left to left side, close right beside left  
3&4      Make ¼ turn left forward on left, close right beside left, step forward on left (6)  
5-6      Step right to right side, close left beside right  
7&8      Step back right, step left beside right, step right forward

### TOE STRUT, KICKBALL CHANGE, STEP FORWARD, TOGETHER, HEEL FAN

1-2      Touch left toe forward, drop left heel down taking weight  
3&4      Kick right foot forward, step right foot in place, step left beside right

5-6

Step right forward, step left beside right

7-8

Fan heels to left, return in place (taking weight onto left)

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