

拍數: 96      牆數: 4      級數: Phrased Easy Intermediate  
 編舞者: BM Leong (MY) - November 2013  
 音樂: Chaiya Chaiya by Sukwinder Singh and Sapna Awasthi



**Sequence of dance: AAtagA/B/AtagAAA/BB(16)**  
**Start the dance on the man's vocal after 16 beats.**

**( A ) 32 COUNTS**

**[1-8] SIDE-DRAW WITH HAND ACTIONS, LEFT ROLLING VINE, TOUCH**

- |     |   |
|-----|---|
| 1-4 | Big step R to right side dragging L and raising both hands above head. For the next 3 counts, lower both hands sideways and cross them in front of your chin. |
| 5-8 | Left rolling vine on LRL with elbows at shoulder level and palms facing up.   |

## [9-16] RIGHT & LEFT DIAGONAL FORWARD STOMPS WITH SHOULDER PUSHES

- 1-4 Stomp R forward along right diagonal 4 times pushing right shoulder forward.  
5-8 Stomp L forward along left diagonal 4 times pushing left shoulder forward.

**[17-24] FORWARD ROCK, 1/4 TURN RIGHT BACK CHA CHA, BACK ROCK, FORWARD CHA CHA**

- |     |   |
|-----|---|
| 1-2 | Rock R forward, recover onto L            |
| 3&4 | Turning 1/4 right cha cha backward on RLR |
| 5-6 | Rock L back, recover onto R               |
| 7&8 | Cha cha forward on LRL                    |

**[25-32] RIGHT HIP SHAKE 1/4 TURN LEFT X 4**

- |     |   |
|-----|---|
| 1-2 | Turning 1/4 left shake right hip up, recover onto L |
| 3-4 | Turning 1/4 left shake right hip up, recover onto L |
| 5-6 | Turning 1/4 left shake right hip up, recover onto L |
| 7-8 | Turning 1/4 left shake right hip up, recover onto L |

(Styling – place right hand on right hip and left hand behind left ear )

**NOTE:** In order that (B) is always danced facing the home wall, skip the fourth 1/4 turn left for the 3rd A

**( B ) 64 COUNTS – section B is always danced facing 12.00**

**[1-8] FIST PUNCHES OVER HEAD**

- |     |  |
|-----|--|
| 1-2 | Punch right fist over head to the left side, punch left fist over head to the right side |
| 3-4 | Punch right fist over head to the left side, punch left fist over head to the right side |
| 5-6 | Punch right fist over head to the left side twice  |
| 7-8 | Punch left fist over head to the right side twice  |

**[9-16] RIGHT ROLLING VINE, TOUCH, RAISE & LOWER SHOULDERS X 4**

- |     |  |
|-----|--|
| 1-4 | Right rolling vine on RLR, touch left together |
| 5&  | Raise both shoulders, lower shoulders          |
| 6&  | Raise both shoulders, lower shoulders          |
| 7&  | Raise both shoulders, lower shoulders          |
| 8&  | Raise both shoulders, lower shoulders          |

**(Stretch both arms out sideways)**

**[17-24] LEFT ROLLING VINE, TOUCH, RAISE & LOWER SHOULDERS X 4**

- |     |  |
|-----|--|
| 1-4 | Left rolling vine on LRL, touch right together |
| 5&  | Raise both shoulders, lower shoulders          |
| 6&  | Raise both shoulders, lower shoulders          |
| 7&  | Raise both shoulders, lower shoulders          |
| 8&  | Raise both shoulders, lower shoulders          |

**(Stretch both arms out sideways)**

**[25-32] PUNCH RIGHT FIST DOWNWARD X 4, CHEST CONTRACTION**

- 1&                Punch right fist downwards over left knee, pull back right fist
- 2&                Punch right fist downwards over left knee, pull back right fist
- 3&                Punch right fist downwards over left knee, pull back right fist
- 4&                Punch right fist downwards over left knee, pull back right fist

**( body faces left diagonal )**

- 5&                Placing left hand behind left ear, contract chest
- 6&                Placing left hand behind left ear, contract chest
- 7&                Placing left hand behind left ear, contract chest
- 8&                Placing left hand behind left ear, contract chest

**( body faces right diagonal )**

**[33-64] "HAND WAVING, CLAP, HORSE STEP, 1/4 TURN LEFT, TOUCH" X 4**

- 1-2                Raise both hands and wave to right side twice
- 3&4                Wave hands to left side, clap, clap
- 5&6                Rock R forward, recover onto L, rock R forward ( both hands like holding reins )
- 7-8                Turning 1/4 left step L to left side, touch R beside L

**[17-64] ( repeat above 8 counts for another 3 times to complete a full left turn )**

**TAG**

- 1-2                Step R to right side, touch L beside R
- 3-4                Step L to left side, touch R beside L

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