

Antenna

COPPERKNOB
BY STEPHEN HETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Jonathan Williamson (UK) - November 2013
音樂: Antenna (UK Radio Edit) - Fuse ODG : (Album: Antenna, Remixes - EP)



Start Dance: Count 48 (22 seconds) from beginning of track

Walk, Walk, Out, Out, Step x 2

1-2 Walk right, left
&3-4 Step right to right side, step left to left side, step forward right
5-6 Step forward left, right
&7-8 Step left to left side, side right to right side, step forward left

Heel &, Heel &, touch back, unwind ½ Turn, Turn, Turn, Shuffle

1&2 Touch right heel forward, step right besides left, touch left heel forward
&3-4 Step left besides right, touch right toe back, unwind ½ turn (weight on right)
5-6 ½ turn right stepping back left, ½ turn right stepping forward right
7&8 Step forward left, step right besides left, step forward left

Side, Behind &, Heel &, Cross x 2

1-2 Step right to right side, step left behind right
&3&4 Step right besides left, dig left heel diagonally forward, step left besides right, cross right over left
5-6 Step left to left side, step right behind left
&7&8 Step left besides right, dig right heel diagonally forward, step right besides left cross left over right

Side, Together, Side, Touch, Rolling Vine, ½ Shuffle

1-2 Step right to right side, step left besides right
3-4 Step right to right side, touch left besides right
5-6 ¼ turn left stepping forward left, ½ turn left stepping back right
7&8 ½ turn left stepping forward left, step right besides left, step forward left

Cross rock, Recover, Chasse, Cross & Point, & Cross & hold

1-2 Cross right over left, recover weight back on left
3&4 Step right to right side, step left besides right, step right to right side
5&6 Cross left over right, recover weight on left, point left to left side
&7&8 Recover weight on right, cross left over right, recover weight back on right, point left to left side

Cross rock, Recover, Chasse, Cross & Point, & Cross & Point

1-2 Cross left over right, recover weight back on right
3&4 Step left to left side, step right besides left, step left to left side
5&6 Cross right over left, recover weight back on left, point right to right side
&7&8 Recover weight on left, cross right over left, recover weight back on right, point right to right side

Cross, Back, Shuffle ½ Turn, Rocking Chair Forward & Back

1-2 Cross right over left, step back left
3&4 ½ turn right stepping forward right, step left besides right, step forward right
5-6 Rock forward left, recover weight back on right
7-8 Rock back left, recover weight forward on right

Step, ½ Pivot, Shuffle, Rocking Chair Forward and Back

- 1-2 Step forward left, ½ pivot right
- 3&4 Step forward left, step right besides left, step forward left
- 5-6 Rock forward right, recover weight back on left
- 7-8 Rock back right, recover weight forward on left

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