

# The Story of My Life

拍數: 64                      牆數: 2                      級數: High Improver  
編舞者: Nathan Gardiner (SCO) - November 2013  
音樂: Story of My Life - One Direction



**Intro: 32 counts start on vocals No Tags or Restarts**

## **CROSS ROCK RECOVER, CHASSE RIGHT, CROSS ROCK RECOVER, CHASSE LEFT**

1-2                      cross rock right over left, recover on left  
3&4                     step right to right side, step left beside right, step right to right side  
5-6                     cross rock left over right, recover on right  
7&8                     step left to left side, step right beside left, step left to left side

## **WEAVE LEFT, CROSS ROCK RECOVER, CHASSE RIGHT**

1-4                     cross step right over left, step left to left side, step right behind left, step left to left side  
5-6                     cross rock right over left, recover on left  
7&8                     step right to right side, step left beside right, step right to right side

## **WEAVE RIGHT, CROSS ROCK RECOVER, CHASSE 1/4 TURN LEFT**

1-4                     cross step left over right, step right to right side, step left behind right, step right to right side  
5-6                     cross rock left over right, recover on right  
7&8                     step left to left side, step right beside left, 1/4 turn left stepping forward on left

## **1/4 TURN PIVOT LEFT, CROSS SHUFFLE, ROCK OUT RECOVER, BEHIND SIDE CROSS**

1-2                     1/4 turn pivot left by stepping forward on right  
3&4                     cross step right over left, step left to left side, cross step right over left  
5-6                     rock out to left side, recover on right  
7&8                     step left behind right, step right to right side, cross step left over right

## **1/4 TURN PIVOT LEFT, RIGHT SHUFFLE FORWARD, ROCKING CHAIR**

1-2                     1/4 turn pivot left stepping forward on right  
3&4                     step forward on right, step left beside right, step forward on right  
5-8                     rock forward on left, recover on right, rock back on left, recover on right

## **1/2 TURN PIVOT RIGHT, LEFT SHUFFLE FORWARD, ROCKING CHAIR**

1-2                     1/2 turn pivot right stepping forward on left  
3&4                     step forward on left, step right beside left, step forward on left  
5-8                     rock forward on right, recover on left, rock back on right, recover on left

## **CROSS POINT, CROSS POINT, JAZZ BOX WITH CROSS**

1-2                     cross step right over left, point left toe out  
3-4                     cross step left over right, point right toe out  
5-8                     cross step right over left, step back on left, step right to right side, cross step left over right

## **CHASSE RIGHT, ROCK BACK RECOVER, 1/2 TURN RIGHT, 1/4 TURN RIGHT, STEP TOUCH**

1&2                     step right to right side, step left beside right, step right to right side  
3-4                     rock back on left, recover on right  
5-6                     1/2 turn right stepping back on left, 1/4 turn right stepping right to right side  
7-8                     step left to left side, touch right beside left

**At the end of wall 7 cross unwind 1/2 left to finish the dance**

**Start Again.....Happy Dancing**

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