

The Story of My Life

拍數: 64 牆數: 2 級數: High Improver
編舞者: Nathan Gardiner (SCO) - November 2013
音樂: Story of My Life - One Direction



Intro: 32 counts start on vocals No Tags or Restarts

CROSS ROCK RECOVER, CHASSE RIGHT, CROSS ROCK RECOVER, CHASSE LEFT

1-2 cross rock right over left, recover on left
3&4 step right to right side, step left beside right, step right to right side
5-6 cross rock left over right, recover on right
7&8 step left to left side, step right beside left, step left to left side

WEAVE LEFT, CROSS ROCK RECOVER, CHASSE RIGHT

1-4 cross step right over left, step left to left side, step right behind left, step left to left side
5-6 cross rock right over left, recover on left
7&8 step right to right side, step left beside right, step right to right side

WEAVE RIGHT, CROSS ROCK RECOVER, CHASSE 1/4 TURN LEFT

1-4 cross step left over right, step right to right side, step left behind right, step right to right side
5-6 cross rock left over right, recover on right
7&8 step left to left side, step right beside left, 1/4 turn left stepping forward on left

1/4 TURN PIVOT LEFT, CROSS SHUFFLE, ROCK OUT RECOVER, BEHIND SIDE CROSS

1-2 1/4 turn pivot left by stepping forward on right
3&4 cross step right over left, step left to left side, cross step right over left
5-6 rock out to left side, recover on right
7&8 step left behind right, step right to right side, cross step left over right

1/4 TURN PIVOT LEFT, RIGHT SHUFFLE FORWARD, ROCKING CHAIR

1-2 1/4 turn pivot left stepping forward on right
3&4 step forward on right, step left beside right, step forward on right
5-8 rock forward on left, recover on right, rock back on left, recover on right

1/2 TURN PIVOT RIGHT, LEFT SHUFFLE FORWARD, ROCKING CHAIR

1-2 1/2 turn pivot right stepping forward on left
3&4 step forward on left, step right beside left, step forward on left
5-8 rock forward on right, recover on left, rock back on right, recover on left

CROSS POINT, CROSS POINT, JAZZ BOX WITH CROSS

1-2 cross step right over left, point left toe out
3-4 cross step left over right, point right toe out
5-8 cross step right over left, step back on left, step right to right side, cross step left over right

CHASSE RIGHT, ROCK BACK RECOVER, 1/2 TURN RIGHT, 1/4 TURN RIGHT, STEP TOUCH

1&2 step right to right side, step left beside right, step right to right side
3-4 rock back on left, recover on right
5-6 1/2 turn right stepping back on left, 1/4 turn right stepping right to right side
7-8 step left to left side, touch right beside left

At the end of wall 7 cross unwind 1/2 left to finish the dance

Start Again.....Happy Dancing

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